

# Sacramento County Department of Health & Human Services Senior and Adult Services Division

## **Volunteer Services Program**



The Volunteer Services Program of the Senior and Adult Services Division, Sacramento County Department of Health & Human Services, provides complementary services to approximately 20,000 clients each year, to:

1. Help maintain the health and safety of County Adult Protective Services (APS) clients -- seniors, ages 64 or older, and dependent adults who are victims of abuse or are at high risk of institutionalization because of neglect, self-neglect, or serious health or mental health disorders associated with aging; and
2. Provide supportive services to help In-Home Supportive Services (IHSS) clients – eligible aged, blind, permanently disabled persons, and disabled children, with extraordinary care needs -- remain safely in their homes or residences of their choosing.

Program activities are based on the Division's Vision, Mission and Values principles.

## **Background**

The SAS Volunteer Services Program has a full-time Volunteer Program Specialist / Social Worker, Jose Chacon, with oversight by the Program Planner to the Division Manager, Judy Ludwick. The Volunteer Program Specialist recruits, orients and trains, and matches volunteers with requests from SAS social workers, public health nurses, and other staff.

## **What Would I Expect As an SAS Volunteer?**

- ✓ Professional, friendly, supportive office environment and staff
- ✓ Matched activity according to your interests, experience, skills, training and education; and as a Home Visitor, with appropriate clients who have varied needs and who represent diverse ethnic and cultural backgrounds
- ✓ Preparation to assist SAS in direct service programs such as Adult Protective Services and In-Home Supportive Services
- ✓ Volunteer opportunities Monday – Friday, 8 a.m. to 5 p.m.
- ✓ Flexible hours
- ✓ Must be 18 years of age and older, and
- ✓ Pass a criminal background check

## **SAS Volunteer Programs**

### **Home Visitors**

- ✓ Receive a \$3.00 per day stipend plus mileage reimbursement for using your vehicle
- ✓ Serve as an extra set of “eyes and ears” for social workers and public health nurses
- ✓ Make weekly visits of 1-4 hours with each client
- ✓ Check on client’s well-being
- ✓ Provide companionship
- ✓ Assist client with appointments, recreation, community resources, review mail, watch DVDs
- ✓ Offer transportation to needed medical, dental or mental health appointments, lab tests, pharmacies, and perhaps shopping
- ✓ Assist with light household chores such as putting away groceries, folding laundry, and watering plants, when requested
- ✓ Make a 6-month commitment to the program and the client
- ✓ Client matches are available throughout Sacramento County

### **Driver Escorts**

- ✓ Receive a \$3.00 per day stipend, and use of a county car
- ✓ Transport seniors and disabled adults to medical, dental and mental health appointments; for lab tests, and to pick up medical prescriptions
- ✓ Wait for the client during the appointment.
- ✓ When needed, assist clients with the registration process associated with the appointment or accompany the client in to see the doctor upon request
- ✓ Appointments last from 1-4 hours
- ✓ Make 6-month commitment
- ✓ Clean driving record required

### **Staff /Clerical Assistants**

- ✓ Assist staff with short and long-term projects
- ✓ Review and edit reports, newsletter copy and other creative copy and documents
- ✓ Assist SAS’ Older Adult Resource Center in updating licensed board and facility information
- ✓ Coordinate transportation with drivers and staff
- ✓ Assist with community outreach
- ✓ Maintain statistics
- ✓ File, photocopy
- ✓ Type, enter data
- ✓ Assist with special events and special projects

**For more information, contact:**

Jose Chacon, Volunteer Program Specialist  
Judy Ludwick, Volunteer Program Supervisor

874-9615  
874-9533

[chaconj@saccounty.net](mailto:chaconj@saccounty.net)  
[ludwickj@saccounty.net](mailto:ludwickj@saccounty.net)