

If you are interested in applying for In-Home Supportive Services, please call (916) 874-9471 with the information below to help begin the application process:

- Client Name
- Social Security Number
- Date of Birth
- Address
- Income and Assets Information (e.g., property, cars, stocks and bonds, bank accounts, life insurance, cash)
- Living Arrangements (family and household composition)
- Client Health Information (e.g., doctor's name, address, and phone number, medical condition, and care needs)



Sacramento County Board of Supervisors

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**In-Home
Supportive
Services**

County of Sacramento
Department of Health & Human Services
PO Box 168017
Sacramento, CA 95816-8999

In-Home



Supportive Services

County of Sacramento
Department of
Health & Human Services
In-Home Supportive Services

4875 Broadway
Sacramento, CA 95820

6045 Watt Avenue
North Highlands, CA 95660

9750 Business Park Drive
Sacramento, CA 95827

916-874-9471



In-Home Supportive Services

WHAT is In-Home Supportive Services (IHSS)?

IHSS is a Sacramento County Department of Health and Human Services program, which provides services to limited income individuals who need assistance to remain safely at home. People who receive services through IHSS must meet income and resource guidelines. In addition, they are either:

- + 65 years and over, or
- + blind, or
- + permanently disabled, or
- + children with disabilities and extraordinary care needs

WHAT services does IHSS provide?

When a person qualifies for IHSS, a social worker will visit the home to assess the need for services. Examples of some of these services are:

- + bathing
- + dressing
- + cooking
- + cleaning
- + grooming
- + feeding

WHO may refer potential clients to IHSS?

Clients may refer themselves. Anyone can refer a potential client including:

- + neighbors
- + family members
- + hospital staff
- + senior center staff
- + physician office personnel
- + home health agency staff
- + community organizations that serve people over 65 years old, blind or disabled

WHO can receive IHSS Services?

The program provides assistance to those eligible aged, blind and disabled individuals who are unable to remain safely in their homes without assistance. Applicants may be eligible if they receive Supplemental Security Income (SSI) or meet Medi-Cal income and resource guidelines. Individuals, who are eligible for Medi-Cal, may be eligible for IHSS as long as they meet the disability criteria.

WHAT happens after the referral is made?

Once the financial eligibility is determined, the case is assigned to a social worker who will schedule an appointment. The social worker will conduct a needs assessment in the applicant's home. An IHSS public health nurse also may be asked to visit the applicant and make a health assessment or connect the applicant with needed health related services.

WHAT is a needs assessment?

A social worker determines needs based on the applicant's functional abilities to perform the activities of daily living, as well as their medical condition. An applicant's living arrangement and assistance received from family, friends, or available community services are also considered. An applicant's doctor may be consulted to verify medical condition and health needs.

HOW does IHSS work?

The IHSS recipient is the caregiver's employer. The recipient is in charge of supervision and signing time sheets. IHSS will arrange for payment once a caregiver is hired. The recipient may receive assistance from the IHSS Registry for caregiver referrals. Friends or family are encouraged to assist in locating a caregiver. A relative may be the caregiver for a family member.

HOW do I reach Sacramento County IHSS?

Call IHSS at 916-874-9471. The office is open Monday through Friday, from 8:00 AM to 5:00 PM. A social worker is available to answer questions and to help determine whether a person or couple is eligible for IHSS.