

**· NUTRITION RESOURCES ·**

**Women, Infants and Children (WIC) Supplemental Food Program:**  
 Supplemental food vouchers; nutritional counseling for low-income pregnant or breastfeeding mothers, and for children under age 5 who are at nutritional risk. Breastfeeding support services are also available. Telephone or walk-in.

<b>Sacramento County DHHS WIC</b>	For all 4 sites call 427-5500
❖ 2251 Florin Road, Suite 100; Sacramento 95822	
❖ 2701 Stockton Blvd.; Sacramento 95817	
❖ 10665 Coloma Rd. Suite 400; Rancho Cordova 95670	
❖ 811 A Grand Avenue; Sacramento 95838	

<b>Community Resources Project WIC</b>	For all 5 sites call 326-5830
❖ 915 Broadway; Sacramento 95818 (main office)	
❖ 5655 Hillsdale Blvd., North Highlands	
❖ 7636 Greenback Lane; Citrus Heights	
❖ 229 4 <sup>th</sup> Street, Galt: 1X per month	
❖ 8231 E Stockton Blvd. Suite B Sacramento 95828	

<b>General Assistance &amp; Food Stamps Program (Sac Co DHA)</b> For no or low-income individuals and families.	874-2063
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<b>Healthy Eating and Living Partnership</b> 4600 Broadway; Suite 220 Nutrition education and counseling services. Weight loss and healthy cooking classes.	874-1615
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<b>EFNEP: Expanded Food and Nutrition Education Program</b> Classes for groups of low-income parents of school aged children. Topics include nutrition, food safety, food buying and the importance of physical activity. University of California, Cooperative Extension 4145 Branch Center Road; Sacramento, 95827	875-6722
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