

**· MENTAL HEALTH ·**

<b>Asian Pacific Community Counseling (APCC):</b> 5330 Power Inn A Mental health services to Asian and Pacific Islander community. Drug and Alcohol prevention.	383-6783
<b>California Youth Crisis Line</b> Confidential crisis intervention counseling and resource referrals. Neutral message center service to at-risk youth and their families.	24-Hour Hotline 1-800-843-5200
<b>Diogenes Youth Service</b> Crisis resolution. Individual, group, & family counseling. Support groups and skills-building workshops for youth.	24 Hour Hotline 1-800-339-7177 or 363-0063
<b>Family Services Agency of Greater Sacramento</b> Professional short-term counseling for families, children, couples and individuals. Sliding scale for fees. M-T 9am-8:30pm; F- 9am-5pm	368-3080
<b>Genesis Mental Health Services - Loaves &amp; Fishes</b> Individual and group counseling, psychiatric assessments, medication and referrals. Free program for homeless adults.	669-1536
<b>La Familia Counseling Center:</b> 5523 34 <sup>th</sup> Street Multilingual, multicultural professional counseling.	452-3601
<b>Oak Park Multi-Service Center</b> Drug and alcohol services include assessment, outpatient treatment and group counseling.	875-1055 <small>(Access thru Sac County Adult Access Team)</small>
<b>River Oak Center for Children</b> (up to age 21) Multi-service treatment agency for abused and emotionally disturbed children and families. Residential and day treatment.	875-9980 <small>(Access thru Children and Family Access Team)</small>
<b>Sacramento County Mental Health Treatment Center (SCMHTC)</b> 2150 Stockton Blvd.; Sacramento, 95817; 875-1000 24-hour phone or walk-in crisis intervention. Point of entry for evaluation and referral for adult in-patient and outpatient care.	732-3637 24 hours crisis line
<b>Southeast Asian Assistance Center (SAAC):</b> 5625 24 <sup>th</sup> St. Mental Health Program assists Russian, Southeast Asian, and Ukranian people in obtaining mental health services. Walk-in. Chinese, Hmong, Lao, Mien, Cambodian, Vietnamese.	421-1036
<b>Suicide Prevention Services</b> 24-hour crisis intervention and suicide prevention by highly trained paraprofessionals.	368-3111 24 Hour Hotline
<b>Visions Unlimited, Incorporated (ph #'s are referral service)</b> 7000 Franklin Blvd. #200; Sacramento 95823 Individual, group, & family counseling. Medi-Cal accepted.	875-9980 children 875-1055 adults