

EMERGENCY SERVICES

FOOD/HOSPITALITY	
<p>California Emergency Food Link: 5800 Food Link St. Call to find the food closet nearest you.</p>	387-9000
<p>Central Downtown Food Basket Lutheran Church, 1701 L Street. Groceries and USDA food available 4X per month at St. John's</p>	444-0874
<p>Centro Guadalupe 730 S Street; Food, rental, utility and jobs assistance to Latino community and others in certain zip codes. Bilingual</p>	443-5367
<p>General Assistance & Food Stamps Program (Sac Co DHA) Food stamps for no or low-income individuals and families.</p>	874-2063
<p>Loaves and Fishes- Friendship Park/ Maryhouse 1321 North C Street; Sacramento 95814 Hours: 7-2:30 Mon-Fri. Breakfast; Showers; Drug/alcohol counseling. Meals: Mon-Fri 11:30-1pm, Sat & Sun 11-12:30 Mercy Clinic at Loaves and Fishes provides free general medical care for homeless persons with urgent medical needs. HIV and STD testing available. 446-3345</p>	446-4961
<p>River City Emergency Services 1322 27th Street (between Capital and N) M-F, 11:30-3:00pm A three-day supply of emergency food, including baby food and formula, on a drop-in basis, or by referral once a month. Also, small emergency rental assistance and motel voucher program.</p>	446-2627
<p>Sacramento Food Bank Services 3333 3rd Ave.; Emergency food distributed in Oak Park, Del Paso Heights, and North Sacramento. Also transitional housing, case management, clothes closet, and Mother Baby Program.</p>	456-1980
<p>St. Lawrence Church 4335 Don Julio Blvd., North Highlands; Hot meals Th 6-7 pm</p>	332-4777
<p>Wellsprings Women's Center (closed August) 3414 4TH Avenue; Sacramento, 95817 M-F 7:30-11:30 am. Hospitality center for mothers and children. Breakfast served. Referrals & other resources</p>	454-9688

· EMERGENCY SERVICES (cont) ·

HOUSING	
<p>Diogenes House (shelter for teens) Emergency shelter, transitional housing and supportive services for runaway, homeless, and other at-risk youth. Individual and family counseling, support groups for parents.</p>	<p>24-Hour Line 1-800-339-7177 or 363-0063</p>
<p>Francis House: 1422 C Street; M,T,W 9:30-11:30; M-F 1-3:00 Emergency vouchers for shelter for families with children. Bus tickets, gas vouchers and CA ID's.</p>	<p>443-2646</p>
<p>Sacramento Area Emergency Housing Center: Single women: Emergency shelter and assistance for women and for families:</p>	<p>455-0415 455-2160</p>
<p>Sacramento Food Bank Services: 3333 3rd Ave.; Emergency food to Oak Park, Del Paso Heights, & North Sacramento area. Transitional housing, clothes closet, Women's Wisdom Project, Mother Baby Program, computer center, after school program.</p>	<p>456-1980 call 10-1</p>
<p>Wind Youth Center 300 Ahern St. Nurturing, hot meals, showers, laundry, and emergency clothing and shelter to homeless or at-risk youth (12-17 years old).</p>	<p>443-8333</p>

OTHER	
<p>Mercy Clinic at Loaves and Fishes 1321 North C St. Free general medical care for homeless persons with urgent medical needs. HIV and STD testing available.</p>	<p>446-3345</p>
<p>Friends Outside 2324 L St Services to families of incarcerated inmates. Transportation; emergency referrals for food, clothing, housing; children's activities; and support group.</p>	<p>446-3838</p>
<p>Legal Services of Northern California 515 12th St Free legal services to low-income eligible clients in civil law matters such as housing, health and welfare.</p>	<p>551-2150</p>

PREGNANCY	
<p>Emergency Contraception For Med clinics that dispense Emergency contraception call: For Pharmacies that dispense Emergency contraception without a prescription call:</p>	<p>1-888-NOT2LATE 1-800-323-1336</p>
<p>Emergency Medi-Cal: For assistance with eligibility, locating the nearest Medi-Cal office or prenatal care call:</p>	<p>875-0900</p>

