

· ADOPTION SERVICES ·

Adoptions (Sacramento County, DHHS)	875-5967
Independent Adoption Center	1-800-877-6736

· BREASTFEEDING ·

	Classes	Help-lines	Lactation consultants	Support Groups	Pumps and Products
Community Resources Project (CRP) WIC Women, Infants and Children Program: 915 Broadway Sac. Hours: Mon-Fri. 8:15-4:25; Breastfeeding education & supplemental food program. 326-5830	√	326-5841	√	If needed	√
Kaiser (members only) Return calls between 8:30 - 4:30 Mon-Fri. Sac 480-6900; Folsom 817-5278; South 688-6676	√	688-6676	South only		√
La Leche League (Breast Feeding Instruction/Support) 9am to 5pm 1-800-525-3243		442-5920		√	
Mercy Women's Center Several locations; Help-line, classes, lactation consultants, support groups, pumps. 733-6300	√	√	√	√	√
Sacramento County DHHS WIC Women, Infants and Children Program 2251 Florin Road, Suite 100; Hours: Mon-Fri. 8-4:30 Call to talk to a lactation consultant. WIC, Birth and Beyond, and Public Health Nursing clients only.	√	427-5500	√		√
Sutter Women and Children's Services Several locations; Breastfeeding classes, lactation consultants, pumps Mother's Source Class: Thurs. mornings FREE 733-0877 Parent Education: 733-7080	√	733-1441 M-F 8am-4pm same day call back	√	√	√
UC Davis Lactation Center 2521 Stockton Blvd. #2100 Breastfeeding classes: 734-2587 Breastfeeding Clinic: MWF 9-12; 734-3112 Lactation consultants, support groups: 734-5051	√	1-800-687-1179 or 734-5051	√	√	√