

Car Seat Resources in the Sacramento Area



Fitting Stations:

SAFE KIDS

Mercy San Juan Medical Center
6501 Coyle Ave., Carmichael
Call (916) 864-5779 for dates & times
Appointments suggested
For Spanish call (916) 904-3799

Methodist Hospital

7500 Hospital Drive
Call (916) 864-5779 for dates & times
Appointments suggested
For Spanish call (916) 904-3799

Sacramento County DHHS ChIIPP

Call for locations and times
(916) 875-5869 By appointment only
For Spanish call (916) 904-3799

UC Davis Health Care System

Injury Prevention Program
4900 Broadway, Suite 1650
(916) 734-9799 By appointment only
Classes in English, Spanish, Russian & Hmong
For Spanish call (916) 734-9799 X2

California Rural Indian Health Board

4400 Auburn Blvd
Barbara Hart (916) 929-9761
By appointment only
Limited to Native American families

Sacramento Native American Health Center

2020 J Street
Cibonay Cordova (916) 341-0575 x213
By appointment only
Limited to Native American families

Yolo County Health Department

(530) 666-8645 By appointment only
Call for locations and times
Spanish/English
Violator Program*

AAA Offices

By appointment ONLY

Sacramento

15 Bicentennial Circle
Amy Chaverri (916) 379-1343

Elk Grove

8225 Laguna Blvd., #120
Ama Ngissah (916) 424-2722 x273

Sacramento

8008 Walerga Rd., Ste 400
Marie Punzal (916) 721-2609

Folsom

2405 Iron Point Rd.
Debbie Tidwell (530) 295-6614

CHP Offices

By appointment ONLY

Capitol Protection –1801 9th Street
Tuesday & Thursday
Cindy Mitchell (916) 322-3337
North Sacramento -5109 Tyler Street
Lizz Dutton (916) 338-6710
South Sacramento –6 Massie Court
Fridays
Mike Bradley (916) 681-2300
Valley Division –11336 Trade Center Dr
Tammy DuTemple (916) 464-2090
Woodland –1975 Wintun Dr (Yolo County)
Every other Wednesday
Phil Gruidl (530) 662-4685

Police Departments

By appointment ONLY

Elk Grove Police Department

8380 Laguna Palms Way
Denise Costello (916) 478-8117

Sacramento Police Department

North Station (3550 Marysville Blvd.)
Monday-Thursday
John Banks / Pat Hansen (916) 566-6401

South Station (5303 Franklin Blvd.)
Steve Womack (916) 277-6001

Woodland Police Department (Yolo County)

1000 Lincoln Ave
Ladonna Williams (530) 661-7811

Fire Departments

By appointment ONLY

Cosumnes Fire Department

Fire Station #71 (8760 Elk Grove Blvd.)
Wednesdays
Jennifer Rubin (916) 405-7114

El Dorado Hills Fire Department (El Dorado County)

EDH residents 1st priority
Station #84 – 2180 Francisco Dr.
1st Thurs. of every month, 9-11 a.m.
Carmen Stiern (916) 933-6623

Roseville Fire Department (Placer County)

Roseville
Jim Owens (916) 772-6300

Special Needs

By appointment ONLY

Mercy San Juan Medical Center
6501 Coyle Ave., Carmichael
Julie Brown (916) 864-5779

UC Davis Health Care System
Injury Prevention Program
4900 Broadway, Suite 1650
Cathy Morris (916) 734-9799

Child Car Seat Classes:

Kaiser Women's Health Department

Women 19 years or younger receive a free car seat upon completing a series of 5 childbirth and parenting classes. Seat given at 1-hour car seat safety fitting appointment at Kaiser Point West or Roseville. Not limited to Kaiser members.
(916) 631-2394

UC Davis Health Care System

Injury Prevention Program
2 hour class for parents- \$30.00 fee w/ car seat
English and Spanish classes
(916) 734-9799 for more information
For Spanish call (916) 734-9799 X2

**For upcoming car seat events call:
The Greater Sacramento
Safe Kids Coalition (916) 864-5779**



Buckle up because it is the law! Do it because it is Safe!
California Car Seat Law: Children MUST ride in a child safety seat or booster seat in the back seat of a vehicle until they are at least six years old or 60 pounds.

*Classes for adults who received a car seat ticket.

To update this resource list contact Yvonne Rodriguez with Sacramento County

Childhood Illness & Injury Prevention Program (ChIIPP) at (916) 875-6494 or rodriguezzyv@saccounty.net Updated December 2007