

Countywide Services Agency

Department of
Health and Human Services

Division of Public Health
Glennah Trochet, M.D.
County Health Officer



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County of Sacramento

October 27, 2008 **For Immediate Release** Media Contact: Kerry Shearer
(916) 838-4775

MEDIA ADVISORY

Second Week of Sacramento County Flu Shot Clinics Low-Cost Senior and High-Risk Flu Immunization Clinics Continue, Offering Economical \$10 Flu Vaccinations

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- Who:** Sacramento County Public Health Immunization Assistance Program
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- What:** Five more ***Senior & High-Risk Flu Clinics*** to be held October 27-31, 2008
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- When:** Clinics continue today, October 27, 2008, through Friday October 31
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- Where:** Monday's clinic: 10:30 AM – 1 PM (See attached schedule for other clinics)
Sacramento Association of Realtors
2003 Howe Avenue, Sacramento
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- Why:** Influenza can be a serious illness, especially for adults 50 years of age and older and chronically-ill individuals. Every year, more than 36,000 Americans die from influenza-related complications. This can be prevented!
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- Visuals:** Photo opportunities of people receiving flu shots
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- Note:** **Please call Kerry Shearer, (916) 838-4775, in advance to schedule an interview.**
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For more information on County-sponsored flu clinics, call (916) 875-7053 or visit our web site at www.SCPH.com. To find immunization locations operated by other health care providers, please visit www.FluClinicLocator.org.



2008 SENIOR & HIGH-RISK FLU CLINICS



<u>LOCATION</u>	<u>DATE</u>	<u>TIME</u>
<u>Clinic Week #2</u>		
Sacramento Association of Realtors 2003 Howe Avenue Sacramento, CA 95825	October 27th Monday	10:30 a.m. – 1:00 p.m.
Rusch Park Community Center 7801 Auburn Boulevard Citrus Heights, CA 95610	October 28th Tuesday	10:30 a.m. – 1:00 p.m.
Chabolla Community Center 600 Chabolla Avenue Galt, CA 95632	October 29th Wednesday	10:30 a.m. – 11:30 a.m.
St. Peter's Lutheran Church 8701 Elk Grove-Florin Road Elk Grove, CA 95624	October 29th Wednesday	1:30 p.m. – 3:00 p.m.
Fair Oaks Library 11601 Fair Oaks Boulevard Fair Oaks, CA 95628	October 31st Friday	10:30 a.m. – 1:00 p.m.
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<u>Clinic Week #3</u>		
Folsom Senior & Arts Center 48 Natoma Street Folsom, CA 95630	November 3rd Monday	10:30 a.m. – 12:00 p.m.
Rancho Cordova City Hall 2729 Prospect Park Drive Rancho Cordova, CA 95670	November 4th Tuesday	10:30 a.m. – 12:30 p.m.
Carmichael Clubhouse 5750 Grant Avenue Carmichael, CA 95608	November 5th Wednesday	10:30 a.m. – 12:30 p.m.
Jean Harvie Community Center 14273 River Road Walnut Grove, CA 95690	November 6th Thursday	10:30 a.m. – 11:30 a.m.

St. Theresa Church Hall
100 4th Street
Isleton, CA 95641

November 6th
Thursday

1:30 p.m. – 3:00 p.m.

Sunrise Mall “Drive-Thru”
6041 Sunrise Mall (behind Sears)
Citrus Heights, CA 95610

November 7th
Friday

10:00 a.m. – 1:00 p.m.

Free Community Clinics

Pannell Center
2450 Meadowview Road
Sacramento, CA 95832

December 16th
Tuesday
“Community Flu Clinic”
FREE

10:00 a.m. – 2:00 p.m.

Robertson Community Center
3525 Norwood Avenue
Sacramento, CA 95838

December 18th
Thursday
“Community Flu Clinic”
FREE

10:00 a.m. – 2:00 p.m.

There will be a \$10.00 charge for the flu shot. It will be provided to individuals 50 years and older, healthcare workers, pregnant women, persons who are chronically ill, caregivers or household contacts of high-risk individuals, and children 6 months - 18 years of age. Pneumonia shots will be offered for \$35.00, Tetanus and Tetanus with Pertussis shots will be offered for \$10.00. Persons with MediCare Part B without HMO coverage **may** qualify for MediCare billing. You **must** bring MediCare card to clinic. Some restrictions will apply. **Please note:** At the “Community Flu Clinics” the flu vaccine will be provided only and will be administered to any individual over 6 months of age.

**FOR MORE INFORMATION CALL:
(916) 875-7053**

Northern California Partnership for Influenza Prevention

THE FLU: What You Should Know

- More than 36,000 people in the United States die every year from influenza (“the flu”) or complications from the flu. The flu vaccine saves lives.
- The flu is a virus.
- It is spread from person to person, from coughs, sneezes and hand-to-hand contact.
- Adults over 50 years of age, children ages 6 months to 18 years of age, all people with chronic disease such as diabetes or asthma, pregnant women, and those household members or caregivers who live with and take care of these at-risk individuals should especially get the flu shot every year.
- You must get the flu vaccine every year to be protected. Once you receive the flu vaccine it will take approximately 2 weeks for the vaccine to be effective in fighting the flu.
- The flu vaccine will not give you the flu.
- Other than getting the flu shot, you can protect yourself and others by covering your mouth when coughing and sneezing and washing your hands often. And, do not leave your home unless absolutely necessary when you know you have the flu.
- If you are healthy, between the ages of 2 & 49, and would rather not receive a flu shot, you can be vaccinated using Flu Mist®. Flu Mist® is a live-virus vaccine sprayed into the nose, and cannot give you the flu.
- To find flu vaccine locations, please call the Sacramento County Immunization Program at (916) 875-7053, InfoLine Sacramento at (916) 498-1000, or visit our web site at www.SCPH.com.