

Countywide Services Agency

Department of
Health and Human Services

Division of Public Health
Glennah Trochet, M.D.
County Health Officer



Terry Schutten, County Executive
Penelope Clarke, Agency Administrator
Lynn Frank, Interim Director

County of Sacramento

November 2, 2007

Media Contact: Kerry Shearer
(916) 838-4775

For Immediate Release

MEDIA ADVISORY

Sacramento County Low-Cost Flu Immunization Clinics Continue with Drive-through and Walk-in Options!

- WHO:** Sacramento County Public Health Division, Immunization Program
- WHAT:** **Drive-Through & Walk-in Senior & High-Risk Flu Clinics**
- WHEN:** **Underway through January 3, 2008 (Schedule attached)**
- WHERE:** Various Locations (See attachment)
- WHY:** Influenza can be a serious illness, especially for senior adults 60 years of age and older and chronically ill individuals. Every year, more than 35,000 Americans die from influenza-related complications. This can be prevented.
- VISUALS:** Photo opportunities of people receiving flu shots.

Attention Editors: Staff will be available for media interviews upon advance arrangement. Please call Kerry Shearer, (916) 838-4775, to schedule an interview.

For more information call (916) 875-7053 or visit www.beehivesacramento.org
Additional Influenza information is available at www.SCPH.com.

(Clinic schedules on following page)

Today's Sacramento County-Sponsored Flu Clinic (Nov. 2):

Friday, November 2, 10:30 a.m. – 12:00 p.m.
Folsom Senior Center
48 Natoma Street
Folsom, CA 95630

Next week's Sacramento County-Sponsored Flu Clinics (Nov. 5-9, 2007):

Monday, November 5, 10:30 a.m. - 1:00 p.m.
Sacramento Association of Realtors
2003 Howe Avenue
Sacramento, CA 95825

Tuesday, November 6, 10:00 a.m. - 2:00 p.m.
Sears "Drive-Thru"
(SW corner of parking lot)
5901 Florin Road
Sacramento, CA 95823

**NOTE: This drive-through
clinic offers great visual
and audio opportunities!!**

Wednesday, November 7, 10:30 a.m. - 1:00 p.m.
Hagginwood Community Center
3271 Marysville Boulevard
Sacramento, CA 95815

Thursday, November 8, 10:30 a.m. - 12:00 p.m.
Rancho Cordova Neighborhood Center
10665 Coloma Drive (at McGregor)
Rancho Cordova, CA 95670

Friday, November 9, 10:30 a.m. - 12:30 p.m.
Carmichael Clubhouse
5750 Grant Avenue
Carmichael, CA 95608

December/January Sacramento County-Sponsored Flu Clinics:

Thursday, December 13, 10:00 a.m. - 2:00 p.m.
Robertson Community Center
3525 Norwood Avenue
Sacramento, CA 95838 "Community Flu Clinic"
FREE

Pannell Center Thursday, January 3, 10:00 a.m. - 2:00 p.m.
2450 Meadowview Road
Sacramento, CA 95832 "Community Flu Clinic"
FREE

For information, please call (916) 875-7053 or visit www.beehiveSacramento.org

Northern California Partnership for Influenza Prevention

THE FLU: What You Should Know

- More than 35,000 people in the United States die every year from influenza (“the flu”) or complications from the flu. The flu vaccine saves lives.
- The flu is a virus.
- It is spread from person to person, from coughs, sneezes and hand-to-hand contact.
- Adults over 50 years of age, children ages 6 months to 5 years of age, all people with chronic disease such as diabetes or asthma, pregnant women, and those household members or caregivers who live with and take care of these at-risk individuals should especially get the flu shot every year.
- You must get the flu vaccine every year to be protected. Once you receive the flu vaccine it will take approximately 2 weeks for the vaccine to be effective in fighting the flu.
- The flu vaccine will not give you the flu.
- Other than getting the flu shot, you can protect yourself and others by covering your mouth when coughing and sneezing and washing your hands often. And, do not leave your home unless absolutely necessary when you know you have the flu.
- If you are healthy, between the ages of 2 & 49, and would rather not receive a flu shot, you can be vaccinated using Flu Mist®. Flu Mist® is a live-virus vaccine sprayed into the nose, and cannot give you the flu.
- To identify where you can get the flu vaccine, please call the Sacramento County Immunization Program at (916) 875-7053, InfoLine Sacramento at (916) 498-1000, or visit the website at www.beehiveSacramento.org.