



Sacramento County Acceptable List of Standardized Abbreviations

The purpose of this handout is to provide a list of standardized abbreviations to be used within the Division of Mental Health and its contract providers. Abbreviations should not be used unless they appear on this list. The County's Quality Improvement Manager must approve additional abbreviations. Sections are listed alphabetically.

Abbreviation	Definition
A	
ā	Before
a.c.	Before Meals
A/H	Auditory Hallucinations
AA	Alcoholics Anonymous
ACAC	Another Choice Another Chance
ACP	Assessment Client Plan
ACT	Augmented Care and Treatment
ADD	Attention Deficit Disorder
ADHD	Attention Deficit Hyperactivity Disorder
ADL	Activities of Daily Living
ADMIN	Administrative
ADMIT	Admission
AEB	As Evidenced By
AFTER	After Counseling Center
AHQ	Adult Health Questionnaire
AIDS	Acquired Immune Deficiency Syndrome
AKA	Also Known As
ALT	Alanine Aminotransferase
AMD	Advance Medical Directive
AMSP	Annual Medication Service Plan
amt.	Amount
AOD	Administrator on Duty
AOD	Alcohol and Other Drugs
APCC	Asian Pacific Counseling Center
APS	Adult Protective Service
APSS	Adult Psychiatric Support Services
ASA	Aspirin
ASAP	As Soon As Possible
ASHD	Arteriosclerotic Heart Disease
AST	Aspartate Aminotransferase
ASW	Associate of Social Work (registered with Board)
AT	Activity Therapist
AWOL	Absence With Out Leave
B	
BB	Building Blocks
B&B	Birth & Beyond

B&C	Board & Care
BCP	Birth Control Pills
BDZ	Benzodiazepine
BHC HOH	Behavioral Health Care, Heritage Oaks Hospital
BHC SV	Behavioral Health Care, Sierra Vista Hospital
BIB	Brought in By
bid	Twice a day
Bipolar	Bipolar Affective Disorder
BIRP	Behavior, Intervention, Response, Plan
BM	Bowel Movement
BP	Blood Pressure
bro	Brother
Bx	Behavior
C	
c̄	with
c̄/o	without
C/O	Complains of
CA	Cancer
CAD	Coronary Artery Disease
CSP-VJO	California Specialty Hospital, Vallejo
CAPS	Children and Adolescent Psychiatric Services
CATS	Client Activity Tracking System
CBC	Complete Blood Count
CBZ	Carbamazepine
cc.	Cubic Centimeter
CCMS	Children's Case Management Services
CCU	Cardiac Care Unit
CDS	Client Data Sheet
CFI	Child & Family Institute
Chemo	Chemotherapy
CHQ	Child Health Questionnaire
CHQ Update	Child Health Questionnaire Update
CHW	Catholic Healthcare West
CHW CARM	CHW Med Clinic-Carmichael
CHW GN	CHW Geriatric Network
CHW Rancho	CHW Med Clinic-Rancho Cordova
CHW South	CHW Med Clinic-South
clt	Client
CNA	Certified Nursing Assistant
CO ₂	Carbon Dioxide
CONS	Conserved
cont.	Continuously
COPD	Chronic Obstructive Pulmonary Disease
CP	Chest Pain
CPR	Cardiopulmonary Resuscitation
CPS	Children Protective Services
c-ship	Conservatorship

Crisis Res.	Crisis Residential
CSHC	Consumer Self-Help Center
CSS	Catholic Social Services
CSU	Crisis Stabilization Unit
CT	Computerized Tomography
CVA	Cerebrovascular Accident
CW	Cal Works
D	
DAP	Diagnosis, Assessment, Plan
D/C	Discharge
DC	Discontinue
DD	Developmentally Disabled
dec	decanoate
DO	Doctor of Osteopathic Medicine/Physician
DOB	Date of Birth
DSM	Diagnostic & Statistical Manual
DSM-IV-TR	DSM, Volume 4, Text Revision
DT's	Delirium Tremens
DTS, DTO, DTSO	Danger to Self, Others, Self & Others
DV	Domestic Violence
Dx	Diagnosis
Dz	Disease
E	
ECT	Electro Convulsive Therapy
ED	Emergency Department
EdD	Doctor of Education
EEG	Electroencephalogram
EENT	Eyes, ears, nose, and throat
EH	El Hogar
EKG & ECG	Electro cardiogram
Elix.	Elixir
EMQ	Eastfield Ming Quong
EPS	Extrapyramidal Side Effects
EPSDT	Early & Periodic Screening, Diagnosis and Treatment
ER	Emergency Room
ES	Environmental Services
EtOH	Alcohol
Ext.	Extract
F	
F/U	Follow Up
fa	Father
FBS	Fasting Blood Sugar
FCCTP	Family Child & Community Treatment Program
Fe	Iron
FF	Families First
FFS	Fee For Service
FIPU	Forensic Inpatient Unit (Jail)

FSA	Family Service Agency
Fx	Fracture
G	
GA	General Assistance
GAF	Global Assessment of Functioning
GD	Gravely Disabled
gfa	Grandfather
GHB	Gamma Hydroxybutyrate
GI	Gastrointestinal
GIRP	Goal, Intervention, Response, Plan
GN	Geriatric Network
glu	Glucose
gm	Gram
gmo	Grandmother
gr.	Grain
gtt.	Drop
GU	Genitourinary
GYN	Gynecology
H	
H&P	History and Physical
h.s.	Hour of sleep/bedtime
H/I	Homicidal Ideation
h/o	History of
HBV	Hepatitis B
Hct	Hematocrit
HCV	Hepatitis C
HEENT	Head, ears, eyes, nose & throat
Hep	Hepatitis
Hgb	Hemoglobin
HIPAA	Health Insurance Portability and Accountability Act
HIV	Human Immunodeficiency Virus
HNP	Herniated Nucleus Pulpousus
HP	Halcyon Place
HQ	Health Questionnaire
hr.	Hour
HRC	Human Resources Consultants
ht. Or HT	Height
HTN	Hypertension
Hx	History
I	
IAACP	Interim Adult Assessment Client Plan
I & O	Intake and Output
ICU	Intensive Care Unit
IDDM	Insulin Dependent Diabetes Mellitus
IM	Intramuscular
IMAC	Interagency Management and Authorization Committee

IMD	Institute of Mental Disease
Incont.	Incontinent
IP	Inpatient
IPT	Intensive Placement Team
IR&R	Intermediate Reassessment & Reauth. Plan
ISA	Integrated Service Agency
IST	Intensive Support Team
IV	Intravenous
IVDU	Intravenous Drug Use
J	
JFS	Jewish Family Services
JPS	Jail Psychiatric Services
K	
K+	Potassium
Kcal	Kilo Calorie
Kg.	Kilogram
L	
L	Left
L-SNF	Locked Skilled Nursing Facility
LB or lb.	Pound
LCSW	Licensed Clinical Social Worker
LF	La Familia
LiCo ₃ /Li	Lithium Carbonate
LINX	Crisis Linkage Team
LLE	Left Lower Extremity
LLQ	Left Lower Quadrant
LMFT	Licensed Marriage & Family Therapist
LMP	Last Menstrual Period
LOA	Leave of Absence
LOC	Loss of Consciousness
LOS	Length of Stay
LP	Lumbar Puncture
LPS	Lanternman-Petris-Short
LSD	Lysergic Acid Diethylamide
LUE	Left Upper Extremity
LUQ	Left Upper Quadrant
LVN	Licensed Vocational Nurse
M	
MAOI	Monoamine Oxidase Inhibitors
Mcg	Microgram
MD	Medical Doctor/Physician
MDD	Major Depressive Disorder
MDMA	Methylenedioxyamphetamine (Ecstasy)
Meds	Medications
MERT	Minor Emergency Response Team
Meth	Methamphetamine
MFT	Marriage & Family Therapist

Mg	Milligram
MHA	Mental Health Assistant
MHB	Member Handbook
MHP	Mental Health Plan
MHRS	Mental Health Rehab Specialist
MHSA	Mental Health Services Act
MHTC	Mental Health Treatment Center
MHW	Mental Health Worker
MHW-L	Mental Health Worker – Licensed
MI	Myocardial Infarction
MIA	Medically Indigent Adult
MICA	Mentally Ill Chemical Abuser
MIRP	Milestone, Intervention, Response, Plan
MJ	Marijuana
ml	Milliliter
MMSE	Folstein Mini-Mental State Exam
mo	Mother
MOM	Milk of Magnesia
MRI	Magnetic Resonance Imaging
MSE	Mental Status Exam
MSO	Management Services Organization
MSW	Masters of Social Work (not registered with Board)
N	
N/A	Not Applicable
NA	Narcotics Anonymous
Na	Sodium
NAC	Neighborhood Alternative Center
NAS	No Added Salt
NGP or TPNGP	Northgate Point (Turning Point Northgate Point)
NGRI	Not Guilty by Reason of Insanity
NIDDM	Non Insulin Dependent Diabetes Mellitus
NKA	No Known Allergies
NKDA	No Known Drug Allergies
NMS	Neuroleptic Malignant Syndrome
NOC	Night
NPO	Nothing by Mouth
NSC	Neighborhood Service Center
NSG	Nursing
NTE	Not to Exceed
NV	Nausea & Vomiting
O	
O ₂	Oxygen
OB	Obstetrics
OBS	Organic Brain Syndrome
OCD	Obsessive Compulsive Disorder
OD or od	Overdose
OD	Right Eye

o.m.	Every Morning
o.n.	Every Night
OOB	Out of Bed
OP	Outpatient
OS or o.s.	Left Eye
OT	Occupational Therapy
OU or o.u.	Both Eyes
Oz. or oz.	Ounce
P	
\bar{p}	After
p.c.	After Meals
PCIT	Parent Child Interaction Therapy
p.r.n.	As Needed
P/C	Phone Call
P=	Pulse is
PC	Program Coordinator
PCN	Penicillin
PCP/PMD	Primary Care Provider
PCP	Phencyclidine
Per	By
PEERL	Pupils Equal, Round, Reactive to Light
PERT	Psychiatric Emergency Response Team
PG	Public Guardian
PhD	Doctor of Philosophy
PHI	Protected Health Information
Ø barb	Phenobarbital
PHF	Psychiatric Health Facility
PMA	Psychomotor Agitation
PMR	Psychomotor Retardation
PN	Psychiatric Nurse or Progress Note
PO	By Mouth
PPD	Purified Protein Derivative for Tuberculosis Test
PRG	Problem Resolution Guide
PsyD	Doctor of Psychology
Pt	Patient
PT or LPT	Psychiatric Technician (Licensed)
PTSD	Post Traumatic Stress Disorder
PVC's	Premature Ventricular Contractions
Q	
\bar{q} or q	Every
q2h	Every 2 hours
qam	Every Morning
qd	Every Day
qh	Every Hour
qhs	Every bedtime
qid	Four Times a day
qod	Every Other Day

qon	Every Other Night
QR	Quiet Room
qs	Quantity Sufficient or as much as will suffice
R	
R	Right
RAT	Rapid Assessment Team
R&R	Re-Assessment & Re-Authorization Plan
R/O	Rule-Out
RO or ROCC	River Oak Center for Children
R=	Respirations Are
RCVD	Received
RLE	Right Lower Extremity
RLQ	Right Lower Quadrant
RN	Registered Nurse
RST	Regional Support Team
RT	Related to
RUE	Right Upper Extremity
RUQ	Right Upper Quadrant
Rx	Prescription
S	
S̄	without
SBAC	Sobriety Brings About a Change
SBO	School Based Outpatient
SCC or Sutter	Sutter Counseling Center
SCP	Sutter Center for Psychiatry
SH or Stanford	Stanford Home
SJUSD	San Juan Unified School District
S&R	Seclusion & Restraint
S/S	Signs and Symptoms
SA or S/A	Suicide Attempt
SAAC	Southeast Asian Assistance Center
SacPort	Sacramento Psychosocial Options for Rehabilitation Training
SAMM	Substance Abuse Management Module
BCS	Basic Conversation Skills
CRP1	Community Re-entry Program I
CRP2	Community Re-entry Program II
MM	Medication Management
RL	Recreation for Leisure
SCH	Sacramento Children's Home
SCMHTC	Sacramento County Mental Health Treatment Center
SGOT	Serum Glutamic-Oxaloacetic Transaminase
SGPT	Serum Glutamic-Pyruvic Transaminase
SI or S/I	Suicide Ideation
SIB	Self Injurious Behavior(s)
sib	Sibling
sis	Sister

SMHW	Senior Mental Health Worker
SNF	Skilled Nursing Facility
SO	Sex Offender
SOAP	Subjective, Objective, Assessment, Plan
SOB	Shortness of Breath
SSRI	Selective Serotonin Reuptake Inhibitor
Staph	Staphylococcus
STAT	Immediately
STD	Sexually Transmitted Disease
Strep	Streptococcus
subq.	Subcutaneously
Sx	Symptoms
T	
T&A	Tonsillectomy and Adenoidectomy
TBS	Therapeutic Behavioral Services
T/C	Telephone Call
T/O	Telephone Order
T= or Temp	Temperature is
Tab or tab	Tablet
TAP	Transitional Age Program
TB	Tuberculosis
Tbsp. Or tbsp.	Tablespoon
TCA	Tri-Cyclic Antidepressants
TCN	Tetracycline
TCON	Temporary Conservatorship
TCP	Transitional Client Plan
TCPC	Treatment Center Program Coordinator
TD	Tardive Dyskinesia
TIA	Transient Ischemic Attack
tid	Three Times A Day
tinct.	Tincture
TISA	Transitional Integrated Services Agency
TLCS	Transitional Living Community Services
TP	Turning Point
TP Crisis Res	Turning Point Crisis Residential
TP Focus	Turning Point Focus
TP ISA	Turning Point Integrated Services Agency
TSH	Thyroid-Stimulating Hormone
tsp. Or Tsp.	Teaspoon
TSS	Transitional Support Services
Tx	Treatment
U	
U	Units
UA	Urinalysis
UCD	University of California Davis
UCDMC	University of California Davis Medical Center
UCD CPC	Univ. Calif. @ Davis – Child Protection Center

UDS	Urine Drug Screen
ULQ	Upper Left Quadrant
UMDAP	Uniform Method for Determining Ability to Pay
URI	Upper Respiratory Infection
URQ	Upper Right Quadrant
UTI	Urinary Tract Infection
Utox	Urine Toxicology Screen
V	
V/G	Visions Galt
V/H	Visual Hallucinations
V/O	Verbal Order
V/S	Visions South
VPA	Valproic Acid/Valproate
Vol	Voluntary
W	
W/C	Wheelchair
w/o	Without
W&I	California Welfare and Institutions Code
WBC	White Blood Cell Count
WNL	Within Normal Limits
Wt.	Weight
X	
X	Multiplied by/times
Y	
YIS	Youth Intervention Services
YO	Years Old
YR	Year
Z	
Zn	Zinc
Symbols	
Ψ	Psychiatric/ Psychiatrist/Psychology
≤	Less Than or Equal To
≥	Greater Than or Equal To
↑	Increase
↓	Decrease
♀	Female
♂	Male
1°	Primary
2°	Due to; Secondary to