



## SACRAMENTO COUNTY MENTAL HEALTH BOARD (MHB)

September 10, 2008

### MHB General Board Meeting Minutes

Sacramento County Administration Building—Hearing Room 2  
700 H St., Sacramento, CA 95814

**Present:** D. Chadwick Thompson, Chair; Frank Topping, Secretary; Lois Cunningham, Jane Fowler, John Mancano, Peter Panasenko, OJ Platt.

**Absent:** Terry Imai, Vice-Chair; Supervisor Don Nottoli, Diann Rogers, Bill Young

- I. **Call to Order:** Chair Chad Thompson called the meeting to order at 7:13pm
  - A. Approval of September 10, 2008 Agenda: OJ Platt motioned that the agenda is approved with the following change: V. G. Announcement (rather than discussion). Frank Topping seconded. Ayes: Unanimous. Motion carried (7).
  - B. Approval of August 6, 2008 Minutes: Frank Topping motioned to approve the meeting minutes. Lois Cunningham seconded. Ayes: Chad Thompson, Frank Topping, Lois Cunningham, Jane Fowler, Peter Panasenko. Abstained: OJ Platt, John Mancano. Motion carried (5).
  
- II. **Announcements and Advocacy Reports (two minute presentations)**
  - A. Announcements
    1. Lois Cunningham announced that she has accepted a position at EMQ as a parent partner; therefore, she is resigning her MHB member position.
    2. Dorian Kittrell announced that SCMHTC will be hosting open house on September 19, 6:30pm as part of Latino Behavioral Health Week.
    3. Mental Health Walk is on Saturday, October 4, 2008.
  - B. Youth, Adult and Consumer Advocacy Report: Dave Schroeder provided the following announcements:
    1. Open Mic Event and Arts Group, September 20, 2008, 3-9pm
    2. Memorial Day for those who died in State Mental Health Hospitals will be on September 15, 2008
    3. OAC will honor Sally Zinman on September 25, 2008
  - C. Mental Health Services Providers Report: Paul disseminated suggestions compiled by AMHC related to the "MHSA Integration Workgroup"
  
- III. **Public Comment (two minute presentations):** Dave Schroeder read statement (see attached).
  
- IV. **Division of Mental Health Director's Report:** On behalf of Director Leland Tom, Sandy Damiano, Chief of Adult Mental Health Services, provided the following:
  - A. Division:
    1. Budget
      - a. State Budget – No update.
      - b. MHB Budget Reduction & Augmentation Work Group will offer proposed reductions in the event of decreased funding.
      - c. FY 09/10 will be another difficult budget year.

2. Reviews
    - a. Centers for Medicare & Medicaid Services (CMS) Review, September 22-24, 2008
    - b. External Quality Review Organization (EQRO) Review, October 6-8, 2008
    - c. Medi-Cal Compliance Review, February 23-27, 2009
  3. Mental Health Services Act (MHSA)
    - a. MHSA Integration Work Group: Approved by MHSA Steering Committee, charged with transforming existing core program(s).
    - b. Prevention Early Intervention (PEI) Kick-off, October 22, 2008. MHB members will be invited.
- B. Adult Mental Health Services**
1. Levels of Service / LOCUS
    - Implemented levels of service. Integrated services are noted by service level. Ensures those with highest need services are linked to high intensity programs.
    - Added step-down Level II services to some high intensity service providers (TP Pathways, El Hogar Sierra Elder Wellness, TLCS New Directions and TLCS Passages)
    - Added target population to the APSS Clinic. Formerly served expanded target. Effective July 1, 2008.
    - Providing technical assistance to agencies learning to utilize LOCUS.
    - Used for service authorization and reauthorization for Levels 3 – 6 (high intensity).
  2. Primary Care Provider (PCP) Collaboration: Working in partnership with designated PCPs for transition of clients no longer needing mental health specialty services.
  3. Recovery: The Consumer/Family Focus Groups target consumers from various service sectors not just low intensity services. These include underserved populations such as transition age youth, older adults and diverse populations. Fourteen (14) focus groups have been completed.
  4. MHSA
    - MHSA CSS Recovery Option 5 – CSS Plan approved by State DMH last week.
    - MHSA CSS Older Adult Multi-Disciplinary Team – CSS Plan in development.

## **V. Discussion/Action Items**

- A. Sierra Vista Hospital Presentation/Response to Inquiry: Sierra Vista declined to present today but invited MHB members to come out to visit the facility. The MHB may choose a member to represent the MHB at a facility visit. OJ Platt motioned that this discussion is tabled until the next meeting. Lois Cunningham seconded. Ayes: Lois Cunningham, Jane Fowler, John Mancano, Peter Panasenکو, OJ Platt, Frank Topping. Abstained: Chad Thompson. Motion carried (6).
- B. Virtual Hallucination Machine (from Janssen): Chad Thompson will have the device available for use at the next month's Executive Meeting.
- C. Mental Health Day: It was suggested that this item be tabled until next month's meeting.
- D. MHB Retreat: At the Executive meeting, it was agreed that MHB members would send ideas about retreat agenda items to Chad, and he will compile the information and bring it back to the next MHB meeting.
- E. Mental Health Board Core Committees- Design basic goals, mission and responsibilities of all core committees, decide on reporting process at general board meetings, and plan tentative subcommittee meeting schedules:
  1. Mental Health Service Act (MHSA) – Report/Status Update,
  2. Budget Committee- Fiscal 2008-2009 Report, Status Update,
  3. Education and Outreach Committee- Committee Structure,
  4. Performance Outcomes & Accountability – Committee Structure, review for approval
  5. Board Operations-Committee Structure.

- F. Sacramento County PHF Subcommittee: This group will meet on September 15, 2008 and will review the Crisis Residential proposal.
- G. Appointment to the MHB: Susan McCrea has been appointed to MHB by BOS.
- H. Additional Agenda Items: John Mancano disseminated and reviewed his memo addressed to Chad Thompson and Don Nottoli (see attached). He has concerns about the Mental Health's bifurcated system. The MHB members also expressed concerns about the potential reduction of \$600,000 to the RST system. Lois Cunningham suggested that the MHB work with the Human Services Coordinating Council (HSCC) to which Chad Thompson and John Mancano were recently appointed. OJ Platt suggested the MHB work on section A of John's memo and motioned that the Chad Thompson and John Mancano write a letter on behalf of the MHB recommending/advising the MHSA Integration Workgroup to consider the feasibility of MHSA CSS dollars to support RST services. Frank Topping seconded. Ayes: Unanimous. Motion carried (7)

**VI. Adjournment:** The meeting was adjourned at 9:11 pm.

**Key Links:**

Division of Mental Health homepage:  
<http://www.sacdhhs.com/default.asp?woID=men&mode=>  
Division's Mental Health Services Act (MHSA) homepage:  
<http://www.sacdhhs.com/default.asp?WOID=MHA>  
Sacramento County Mental Health Board Homepage  
<http://www.sacdhhs.com/default.asp?WOID=MHB>

**Next Meetings: MEETING LOCATION AND TIMES LISTED BELOW**

MHB General Board Meeting: 1<sup>st</sup> Wednesday, monthly, 7:00-9:00 PM, Sacramento County Administration Building 700 H St., Sacramento, CA 95814 Held in Hearing Room #2

MHB Executive Committee: 1st Wednesday, monthly, 6:00-7:00 PM, Sacramento County Administration Building 700 H. St. Sacramento, CA Hearing Room #2

*All documents are available upon request. If copies are not available at the time, please contact Chad Thompson at (916)214-4192 or at [Chad.Thompson@Californiatherapy.com](mailto:Chad.Thompson@Californiatherapy.com) .*