

MHSA Program Descriptions

Program	Ages	Description and Priorities	Funding/Eligibility	Capacity	Staffing	Goals
<p>Transitional Community Opportunities for Recovery and Engagement (TCORE) 3077 Fite Circle, Suite 6 Sacramento, CA 95827 24 hours/7 days</p> <p>PROVIDER: Human Resources Consultants</p> <p>Contact: Lynn Place Phone: (916) 854-1801 Fax: (916) 854-1809 Email: lplace@tcore.org</p> <p><i>GENERAL SYSTEM DEVELOPMENT</i></p>	<p>TAY 18-25</p> <p>Adult 26-54</p> <p>TAA 55-59</p> <p>Older Adult 60+</p>	<p>Description: Intensive, community-based, multi-disciplinary team delivery of comprehensive and flexible treatment. Program services will continue until the consumer has been linked and transitioned to longer-term MH services. Includes integrated treatment for co-occurring disorders.</p> <p>Priorities:</p> <ul style="list-style-type: none"> • Individuals referred from acute care settings (i.e. MHTC, local psychiatric hospitals, Crisis Stabilization Unit, Crisis Residential Program, and Jail Psychiatric Services). • Individuals in the community who at risk of hospitalization. • Individuals discharged from MHTC or other provider who are not yet linked to a Regional Support Team or other outpatient MH services. 	<p>EPSDT: Adult Target Pop</p> <p>Medi-Cal: Adult Target Pop</p> <p>MHSA: Adult Target Pop</p>	<p>780 Annually</p>	<p>1:12</p>	<ul style="list-style-type: none"> • Reduce or prevent the need for crisis services, hospitalization and institutionalization. • Increased community based services for unlinked individuals. • Increased diversion from the MHTC Crisis Unit to the outpatient service system.
<p>Sierra Elder Wellness Program 9261 Folsom Blvd, Suite 500 Sacramento, CA 95826 24 hours/7 days</p> <p>PROVIDER: El Hogar Mental Health and Community Services, Inc.</p> <p>Contact: Charles Stevens Phone: (916) 363-1553 Fax: (916) 363-1565 Email: cstevens@elhogarinc.org</p> <p><i>FULL SERVICE PARTNERSHIP</i></p>	<p>TAA 55-59</p> <p>Older Adult 60+</p>	<p>Description: Culturally appropriate, specialized geriatric psychiatric support, multi-disciplinary mental health assessment, treatment and intensive case management.</p> <p>Priorities: Clients must be age 55 or over</p> <ul style="list-style-type: none"> • With SMI and who have multiple or complex mental health, physical health, substance abuse and social service needs that require intensive, multi-disciplinary assessment, treatment, and case management services; • Who are homebound and isolated, with limited transportation, family and social supports; • Unserved/Underserved • At risk for acute psychiatric services, emergency room utilizations, hospitalization, nursing home care, institutionalization and eviction/homelessness. • Clients may be transferred from existing services ((i.e. RSTs, Intensive Placement Team, Former AB34 Programs) or referred to Access Team via community outreach to unserved populations. 	<p>Medi-Cal: Adult Target Pop</p> <p>MHSA: Adult Target Pop</p>	<p>145 at any given time</p>	<p>Varies according to need</p>	<ul style="list-style-type: none"> • Improved medical and functional status • Increasing social supports • Decreased isolation • Reduction of emergency room utilization, hospitalization and homelessness.

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<p>Transcultural Wellness Center 7273 14TH Avenue, Suite 120B Sacramento, CA 95820 8 a.m. to 7 p.m. Monday – Friday 24/7 linguistically appropriate response capacity</p> <p>PROVIDER: Asian Pacific Community Counseling</p> <p>Contact: Cindy Yang Phone: (916) 383-6783 Fax: (916) 383-8488 Email: evang@apccounseling.org</p> <p><i>FULL SERVICE PARTNERSHIP</i></p>	<p>Children 0-15</p> <p>TAY 16-25</p> <p>Adult 26-59</p> <p>Older Adult 60+</p>	<p>Description: “Whatever it takes” approach in addressing Mental Health needs of the Asian/Pacific Islander (API) community in a culturally and linguistically competent manner. Outreach to members of the API community who are unserved/underserved or uninsured.</p> <p>Priorities: API populations (including but not limited to: Cambodian, Chinese, Fijian, Filipino, Hawaiian, Hmong, Japanese, Korean, Laotian, Mien, Samoan, Tongan and Vietnamese.) with SMI/SED or who suffer from acute levels of deterioration and functional impairment. Refugee/immigrant adults or older adults, refugee women in domestic violence situations, or children of refugee/immigrant parents or who are at high risk for suicide or delinquent behaviors.</p>	<p>EPSDT: SED for children and TAY (up to age 21)</p> <p>Medi-Cal: Adult Target Pop</p> <p>MHSA: SED for Children and TAY (up to age 18); Adult Target Pop for Adults and Older Adults.</p>	<p>200 at any given time</p>	<p>1:15</p>	<ul style="list-style-type: none"> • Increase the number of API population that receive timely and appropriate mental health services; • Decrease the number of individuals utilizing social services, acute care, or public safety providers as a component of untreated mental illness; • Increase penetration and retention rates of participants.
<p>Pathways to Success After Homelessness 601 W.N. Market Blvd., Suite 350 Sacramento, CA 95834 24 Hours/7 Days</p> <p>PROVIDER: Turning Point Community Programs</p> <p>Contact: Alexis Bernard Phone: (916) 283-8280 Fax: (916) 283-8259 Email: AlexisBernard@tpcp.org</p> <p><i>FULL SERVICE PARTNERSHIP</i></p>	<p>Children 0-17</p> <p>TAY 18-25</p> <p>Adult 26-59</p> <p>Older Adult 60+</p>	<p>Description: Provides integrated, comprehensive, culturally competent, supportive housing services and subsidies to the underserved population. Participants will utilize existing housing until permanent housing units are developed.</p> <p>Priorities:</p> <ul style="list-style-type: none"> • Homeless with SMI or SED requiring intensive services • TAY who are at risk for entering into a cycle of homelessness, unemployment and substance abuse. <p>Homelessness Defined:</p> <ul style="list-style-type: none"> • Homeless, un-domiciled, residing in a homeless shelter or jail/juvenile justice institution or psychiatric hospital and were homeless for at least 30-days within 6 months prior to admission to those institutions. • HUD definition: An unaccompanied adult with a disabling condition who has been homeless for a year or more or those who have experienced at least four episodes of homelessness in the past three years. 	<p>EPSDT: SED for children and TAY (up to 21)</p> <p>Medi-Cal: Adult Target Pop</p> <p>MHSA: SED for Children and TAY (up to 18); Adult Target Pop for Adults and Older Adults.</p>	<p>206 at any given time</p>	<p>Varies according to need</p>	<ul style="list-style-type: none"> • Maintain housing stability • Decrease in use of hospitalizations and incarcerations • Increase in employment • Increase school attendance

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<p>Wellness and Recovery Center 3815 Marconi Avenue, Suite 1 Sacramento, CA 95821</p> <p>Current Hours: 7:00 a.m. to 7:00 p.m. Monday – Friday</p> <p style="padding-left: 40px;">10:00 a.m. – 6:00 p.m. Saturday</p> <p>Future Hours: 7 a.m. – 9 p.m. 7 Days per week</p> <p>PROVIDER: Consumer Self Help</p> <p>Contact: Meghan Stanton Phone: (916) 485-4175 ext. 110 Fax: (916) 485-2673 Email: mstanton@consumersselfhelp.org</p> <p><i>GENERAL SYSTEM DEVELOPMENT</i></p>	<p>TAY 18-25</p> <p>Adult 26-59</p> <p>Older Adult 60+</p>	<p>Description: A neighborhood multi-service center that provides a supportive environment offering choice and self-directed guidance for recovery and transition into community life. Peer counseling, peer mentoring, interpreter/translator, psycho-educational services, psychiatric support, and natural healing practices are offered. The Wellness and Recovery Center provides linkage for treatment of co-occurring disorders. There are opportunities to experience real life situations in a supportive and non-threatening environment. Educational partnerships will be formed with local colleges and other educational providers. Partnerships will also be developed with local businesses.</p> <p>Priorities:</p> <ul style="list-style-type: none"> • People of diverse cultures and ethnicities with SMI • For medication services, individuals must meet the adult target population criteria as established by the Sacramento County Division of Mental Health. 	<p>EPSDT: Adult Target Pop</p> <p>Medi-Cal: Adult Target Pop</p> <p>MHSA: Adult Target Pop</p>	<p>550 at any given time</p>	<p>1:38</p>	<ul style="list-style-type: none"> • To develop wellness and recovery skills with the objective of reengagement in the community. • Relapse prevention • Independence and an improved quality of life.

Child and Family Access Team: (916) 875-9980
Child and Family TTY: (916) 876-8892

Adult Access Team: (916) 875-1055
Adult TTY: (916) 874-8070