



Countywide Services Agency

Department of Health and Human
Services

Ann Edwards-Buckley, Director

County of Sacramento

Steven C. Szalay,
Interim County Executive

Bruce Wagstaff,
Interim Administrator

Division of Behavioral Health Services

Mary Ann Bennett, Deputy Director

April 23, 2010

Dear Consumer/Client:

The purpose of this letter is to inform you about a proposed redesign occurring in Sacramento County relating to adult community based outpatient mental health services. These proposed changes affect services currently delivered at the Regional Support Teams (RSTs). There are four RSTs in Sacramento County—El Hogar, Northgate Point, Visions Unlimited and Human Resources Consultants. These RSTs are part of the Sacramento County's Mental Health Plan (MHP) delivering mental health services and supports to eligible individuals authorized for services. Your services are currently delivered by one of these RSTs.

The current proposal under development by Sacramento County Division of Behavioral Health (DBH) will ensure that you continue to receive services and care at one of the four proposed Sacramento Wellness Centers. The Sacramento Wellness Centers will be located in different areas across the county and are planned to be operational July 1, 2010 if the plan is approved by the Board of Supervisors. The mental health, medication support and case management services you currently receive *will be continuing* at one of these new locations if the plan is approved.

These changes are a result of a very difficult local budget picture requiring a redesign of our adult outpatient mental health system. We deeply regret the impact these proposed changes have on you and your current RST where you have received services for many years. We are committed to working with your current provider to assist in transitioning your care to a new program. Before this plan can take place it must first be approved by the Sacramento County Board of Supervisors during Budget Hearings in mid June 2010.

The Sacramento County Access Team at (916) 875-1055 and the MHP Problem Resolution staff at (916) 875-6069 are available to provide you with information and assistance in order to maintain your continuity of care for mental health services. The RSTs are also assisting you with this transition planning effort.

Please stay connected with your current service provider. You will be receiving another letter with information regarding your next appointment for continued services.

Sincerely,

Mary Ann Bennett

Mental Health Director Division of Behavioral Health Services