



SACRAMENTO COUNTY
CHILD AND FAMILY INTEGRATED SYSTEM OF CARE
 Directory of Mental Health Services
 Fiscal Year 2009-2010



ACCESS TO SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Child and Family Access Team 3331 Power Inn Road, Suite 170 Sacramento, Ca. 95826	Triage, assessment, linkage and referral service for all child and family mental health services, <u>excluding</u> crisis and psychiatric inpatient facilities and residential placements.	Children and youth in need of mental health services.	Monday - Friday (8:00am - 5:00pm) Phone: (916) 875-9980 TTY/TDD: (916) 876-8892 Fax: (916) 875-9970 24-hour Automated Information Line: 1-888-881-4881 <i>Interpreter services available.</i>	Medi-Cal Realignment

PSYCHIATRIC EMERGENCY SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Sacramento County Mental Health Treatment Center, Minor Emergency Response Team (MERT) 2150 Stockton Blvd Sacramento, CA 95817	Crisis intervention and stabilization services for children and youth for up to 23 hours. Authorization for inpatient psychiatric settings and psychiatric crisis foster care beds.	Children/youth in crisis with psychotic symptoms, suicidal or violent behavior.	Youth, parents or agency staff may call or go to the Sacramento County Mental Health Treatment Center from 7:30am through 8:00pm. (916) 875-1114 or (916) 875-1000	Managed Care Medi-Cal Realignment
Inpatient Hospitals <ul style="list-style-type: none"> • BHC Heritage Oaks • BHC Sierra Vista • St. Helena • Sutter Hospital 	24-hour full-range psychiatric services in a locked setting.	Children who are a danger to themselves or others or require 24- hour care in a medical setting.	Referred and authorized by MERT as medically necessary.	Realignment Medi-Cal
Partial Hospitalization <ul style="list-style-type: none"> • Sutter Hospital 	Short-term intensive treatment program in a hospital setting.	Children and youth who can avoid inpatient hospitalization and benefit from this program or who have been discharged from a hospital and require further stabilization.	Authorization by MERT or Inpatient Utilization Point of Authorization (POA).	Realignment

CPS MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
CPS: Medi-Cal/EPSTDT <ul style="list-style-type: none"> • Child/Family Institute • Children's Receiving Home Assessment Cottage • Children's Receiving Home Outpatient • Cross Creek • EMQ Families First • River Oak • Sacramento Children's Home • Terkensha • Terra Nova • The Effort • Turning Point • UCD CPS Outpatient • UCD PCIT 	Mental health counseling services and support, which can include services for neglect, physical and sexual abuse, to EPSTDT eligible children and youth referred to counseling by Child Protective Services (CPS).	Medi-Cal eligible children who are part of the CPS system and in need of mental health services.	CPS social workers, foster family agency social workers, foster parents and Donner staff refers to Access.	Medi-Cal

JUVENILE JUSTICE COLLABORATIVES AND SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Day Reporting Center	Mental health services provided in research oriented day treatment and reporting program.	Children and youth in need of mental health services who are referred by the court to the Day Reporting Center.	Probation Officers make recommendation to Juvenile Court.	Probation Funds
Juvenile Drug Court <ul style="list-style-type: none"> • Another Choice Another Chance (ACAC) 	Mental health services provided to youth directed by the Juvenile Court into this education and substance abuse treatment program provided in collaboration with Sacramento County Office Of Education.	Youth ordered by the Juvenile Drug Court.	Probation Officers make recommendation to the Juvenile Court.	Medi-Cal
Sacramento Assessment Center <ul style="list-style-type: none"> • Quality Group Home 	Provides care and comprehensive assessment of juvenile wards to determine the most appropriate placement for each minor.	Youth who have been remanded to the Sacramento Assessment Center.	Referral by Department of Probation to the Access Team.	Medi-Cal with Probation Match

JUVENILE JUSTICE COLLABORATIVES AND SERVICES (continued)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Family Child Community Treatment Program (FCCTP) <ul style="list-style-type: none"> Quality Group Home 	Enhanced mental health outpatient services and interagency service coordination. Services provided at schools, in homes, and the community.	Probation youth with a serious emotional disturbance who are placed locally, or at risk for out-of-home placement.	Referral from Probation to Access Team.	Medi-Cal with Probation Match 3632
Juvenile Justice Institutions Program <ul style="list-style-type: none"> Sacramento County 	Mental health services to children and youth in Juvenile Justice Institutions.	Youth residing in the Youth Detention Facility and Sacramento County Boys Ranch.	Direct referral by the youth or staff to the JJI Mental Health Team.	County General Funds Realignment
Multi-Systemic Therapy <ul style="list-style-type: none"> River Oak 	Comprehensive assessment and multi-systemic therapy for probation youth meeting grant criteria.	Probation refers youth meeting MIOCR eligibility with Medi-Cal.	Probation initiates all referrals.	Medi-Cal with Probation Match

EARLY CHILDHOOD MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Preschool Outpatient Services <ul style="list-style-type: none"> River Oak – North River Oak – South 	Mental health services provided to children in the Head Start Preschool program.	Children 3-5 years unsuccessful in mainstream preschool due to behavioral challenges.	Referral sent to the Access Team by Head Start Preschool.	Medi-Cal
Parent Child Interaction Therapy (PCIT) <ul style="list-style-type: none"> UCD 	Structured behavioral and communication skill training for parents and caregivers as they interact with their children.	Children age two through seven years old.	Referral from CPS social worker to the Access Team.	Medi-Cal
Building Blocks Intensive <ul style="list-style-type: none"> River Oak 	Intensive assessment/diagnostic and treatment services for children who exhibit severe mental health concerns.	Children age two up to age six who need more than an outpatient program can provide.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal

EARLY CHILDHOOD MENTAL HEALTH SERVICES (continued)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Building Blocks Foster Support <ul style="list-style-type: none"> River Oak 	Foster support services to young children in a therapeutic foster care home.	Children age two up to age six that are at risk of losing their foster placement.	Referral to the Access Team by a parent, caregiver, school, agency or community member. or Children's Receiving Home.	Medi-Cal
Infant Mental Health Program <ul style="list-style-type: none"> UCD 	Mental health services provided to infants and toddlers with their caregivers. Services are primarily home based. Clinicians sited at eight Birth & Beyond Family Resource Centers.	Infants and Toddlers up to age three.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal

ARRAY OF MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Child and Adolescent Psychiatric Services (CAPS) Clinic <ul style="list-style-type: none"> Sacramento County 	Psychiatric assessment, medication support, psychological testing and mental health services. Medication focused / case management services are also provided.	Children/youth served by county operated program, select contracted organizational providers, and unlinked clients referred by Access.	Referral by the Access Team.	Medi-Cal
Children's Case Management Services (CCMS) <ul style="list-style-type: none"> Sacramento County 	Assessment, case management and outpatient monitoring for 3632 eligible clients.	Students who need assessment for 3632 services and 3632 eligible children/youth.	School Special Education staff and IEP teams.	Medi-Cal 3632
Homeless Program <ul style="list-style-type: none"> Child and Family Institute 	Brief mental health services at homeless facilities including South Area Emergency Housing Center and Mustard Seed School.	Medi-Cal eligible homeless children, youth and their families.	Referral made by CFI only.	Medi-Cal
Mental Health and Alcohol or Drug Disorder Specialization <ul style="list-style-type: none"> Another Choice, Another Chance Sacramento Black Alcoholism Center 	Outpatient counseling (individual, family and group), rehabilitation and medication services for youth who have a co-occurring mental health and alcohol or other drug diagnosis.	Individuals with a co-occurring mental health and alcohol or drug diagnosis.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632

ARRAY OF MENTAL HEALTH SERVICES (continued)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Outpatient Services <ul style="list-style-type: none"> • Another Choice Another Chance (ACAC) • Catholic Healthcare West (CHW) • Cross Creek Family Counseling • EMQ Families First • La Familia • River Oak • Sacramento Black Alcoholism Center (SBAC) • Sacramento Children’s Home • Sacramento County • San Juan Unified School District • Sutter Counseling Center • Terkensha • Terra Nova • The Effort • Turning Point • UCD • Visions Unlimited 	Outpatient counseling (individual, family, and group), rehabilitation and medication services, which may include services for neglect, physical or sexual abuse. Some services provided at homes, at school sites, and in the community.	Children, youth and their families, needing mental health services.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632
Psychological Testing <ul style="list-style-type: none"> • River Oak • Sacramento County CAPS • UCD 	Psychological testing as clinically indicated.	Children and youth referred by their primary provider for clients with complex and challenging clinical presentations.	Referral submitted to Access by current service provider.	Medi-Cal 3632
Transition Age Services <ul style="list-style-type: none"> • Sacramento Children’s Home 	Comprehensive counseling and rehabilitation services to assist with the transition to adulthood and independent living.	Youth ages 14-21 needing mental health services and assistance to transition in transitioning to adulthood.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632

INTENSIVE MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Wraparound Services <ul style="list-style-type: none"> • EMQ Families First • River Oak • Sacramento Children's Home • Stanford Home 	Intensive in-home, flexible services provided to children, youth and family to maintain child in least restrictive environment.	Children and youth with serious emotional disturbance, who are 3632, AAP, CPS dependents and Probation wards and in a RCL 10-14 setting.	Referral by CCMS/3632 program, AAP, CPS or Probation.	Medi-Cal 3632 RCL Dollars
Transcultural Wellness Center (TWC) <ul style="list-style-type: none"> • Asian Pacific Community Counseling, Inc. 	Full Service Partnership program providing a full range of services to include mental health & co-occurring treatment, medication supports, traditional healing practices, education & employment & housing supports, focusing on the needs of unserved and underserved Asian Pacific Islander individuals and families. Services are provided at the TWC site, in the community, at school sites, at homes.	<p>Children and Transition Age Youth (TAY) (16-17) who meet SED criteria.</p> <p>Medi-Cal eligible TAY (18-21) who meet SED criteria.</p> <p>Non Medi-Cal eligible TAY (18-25), Adults and Older Adults (60+) who meet adult core target population criteria.</p>	<p>Referrals made by a parent, caregiver, school, agency or community member will be screened by TWC to determine eligibility requirements are met.</p> <p>TWC will submit a Services Request Form to Adult or Child Access Team for treatment authorization.</p> <p>Call: (916) 383-6783 Fax: (916) 383-8488</p>	Medi-Cal MHSA
Turning Point Pathways	Comprehensive, integrated mental health and permanent supported housing & employment services. Focus on what-ever-it-takes; 24/7 response. Housing first model.	<p>Seriously emotionally disturbed (SED) children and their families/caregivers.</p> <p>Transition Age Youth (TAY) 18-25 or younger, if emancipated.</p> <p>Adults and older adults. No parolees. Target Population for TAY and Adults.</p>	<p>Referrals made by a parent, caregiver, school, agency or community member will be screened by Pathways to determine eligibility requirements are met.</p> <p>Pathways will submit a Services Request Form to Adult or Child Access Team for treatment authorization.</p> <p>Call: (916) 283-8280 Fax: (916) 283-8259</p>	Medi-Cal MHSA
FOCUS <ul style="list-style-type: none"> • EMQ Families First • River Oak • Stanford Home • Turning Point 	Intensive mental health services and interagency service coordination. Services provided at schools, in homes, and the community.	Children and youth with serious emotional disturbance and multi-agency involvement, who are at risk for hospitalization or out of home placement.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632

INTENSIVE MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Residential Intensive Outpatient <ul style="list-style-type: none"> • Sacramento Children's Home 	Structured out of home placement with intensive mental health services.	Children who are eligible for AB 3632 services, or who are court wards or dependents, who require intensive mental health services.	Referral from group home to Access Team.	Medi-Cal 3632
Therapeutic Behavioral Services <ul style="list-style-type: none"> • Edgewood, S.F. • EMQ Families First • River Oak • Stanford Home • Turning Point 	A supplemental short-term service that provides one to one support for children and youth with serious emotional problems that are experiencing a stressful transition or life crisis.	Medi-Cal eligible youth under 21 meeting the TBS class and all other TBS criteria.	Referral by MHP Primary Mental Health Provider to the Access Team.	Medi-Cal

DAY TREATMENT AND DAY REHABILITATION SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
RCL 12 Group Homes <ul style="list-style-type: none"> • Martins' Achievement Center • Paradise Youth Services • Sacramento Children's Home • Trinity Youth Services 	Mental health services including medication support for children in structured out of home placement.	Children who are eligible for AB 3632 or are court wards or dependents that require more structure than foster care.	Referral to the Access Team by the group home provider.	Medi-Cal 3632
RCL 14 Group Homes <ul style="list-style-type: none"> • Charis – Grass Valley • Edgewood, S.F. • EMQ Families First – Davis • Milhous – Various locations • Summitview- Placerville • Victor – Various locations 	Structured out of home placement with mental health day treatment and outpatient services.	Children who are eligible for AB 3632 services, or are court wards or dependants, who require more structure than a therapeutic foster family.	Referral to the Access Team by the group home provider	Medi-Cal 3632