



SACRAMENTO COUNTY
CHILD AND FAMILY INTEGRATED SYSTEM OF CARE
 Directory of Mental Health Services
 Fiscal Year 2010-2011



ACCESS TO SERVICES

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Sacramento County Access Team 3331 Power Inn Road, Suite 170 Sacramento, Ca. 95826	Triage, assessment, linkage and referral service for all child and family mental health services, <u>excluding</u> crisis and psychiatric inpatient facilities and residential placements.	Children and youth in need of mental health services.	Monday - Friday (8:00am - 5:00pm) Phone: (916) 875-9980 TTY/TDD: (916) 876-8892 Fax: (916) 875-9970 24-hour Automated Information Line: 1-888-881-4881 <i>Interpreter services available.</i>	Medi-Cal

PSYCHIATRIC EMERGENCY SERVICES

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Sacramento County Mental Health Treatment Center, Minor Emergency Response Team (MERT) 2150 Stockton Blvd Sacramento, CA 95817	Crisis intervention and stabilization services for children and youth for up to 23 hours. Authorization for inpatient psychiatric settings and psychiatric crisis foster care beds.	Children/youth in crisis with psychotic symptoms, suicidal or violent behavior.	Youth, parents or agency staff may call or go to the Sacramento County Mental Health Treatment Center from 10:00am through 7:00pm. (916) 875-1114 or (916) 875-1000	Managed Care Medi-Cal
Inpatient Hospitals <ul style="list-style-type: none"> • BHC Heritage Oaks • BHC Sierra Vista • Sutter Hospital 	24-hour full-range psychiatric services in a locked setting.	Children who are a danger to themselves or others or require 24- hour care in a medical setting.	Referred and authorized by MERT as medically necessary.	Medi-Cal
Partial Hospitalization <ul style="list-style-type: none"> • Sutter Hospital 	Short-term intensive treatment program in a hospital setting.	Children and youth who can avoid inpatient hospitalization and benefit from this program or who have been discharged from a hospital and require further stabilization.	Authorization by County Program Manager	

JUVENILE JUSTICE COLLABORATIVES AND SERVICES

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Juvenile Drug Court <ul style="list-style-type: none"> Another Choice Another Chance (ACAC) 	Mental health services provided to youth directed by the Juvenile Court into this education and substance abuse treatment program provided in collaboration with Sacramento County Office Of Education.	Youth ordered by the Juvenile Drug Court.	Probation Officers make recommendation to the Juvenile Court.	Medi-Cal
Sacramento Assessment Center <ul style="list-style-type: none"> Quality Group Home 	Provides care and comprehensive assessment of juvenile wards to determine the most appropriate placement for each minor.	Youth who have been remanded to the Sacramento Assessment Center.	Referral by Department of Probation to the Access Team.	Medi-Cal with Probation Match
Family Child Community Treatment Program (FCCTP) <ul style="list-style-type: none"> Quality Group Home 	Enhanced mental health outpatient services and interagency service coordination. Services provided at schools, in homes, and the community.	Probation youth with a serious emotional disturbance who are placed locally, or at risk for out-of-home placement.	Referral from Probation to Access Team.	Medi-Cal with Probation Match 3632
Juvenile Justice Diversion and Treatment Program <i>(In Development)</i> <ul style="list-style-type: none"> River Oak Center for Children 	Comprehensive assessment and treatment for probation youth who are at risk of Juvenile incarceration and meet criteria.	Youth ages 13-26 who are un-served or underserved and at risk of Juvenile Justice involvement and their families.	Referrals from Probation, Sacramento County Office of Education, Law Enforcement and Sacramento County Mental Health will make referrals to the Access Team.	Medi-Cal MHSA
Juvenile Justice Institutions <ul style="list-style-type: none"> Sacramento County 	Mental health services to children and youth in Juvenile Justice Institutions.	Youth residing in Youth Detention Facility.	Direct referral by the youth or staff to the Mental Health Team.	County General Funds
Multi-Systemic Therapy Program <ul style="list-style-type: none"> River Oak Center for Children 	Comprehensive assessment and multi-systemic therapy for probation youth meeting grant criteria.	Probation refers youth with Medi-Cal who meet grant eligibility.	Referrals from Probation.	Medi-Cal with Probation Match
Day Reporting Center (DRC) <ul style="list-style-type: none"> Sacramento County 	Mental health services to children and youth in DRC.	Youth served at DRC.	Referrals from Probation.	Probation Funds

EARLY CHILDHOOD MENTAL HEALTH SERVICES

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Parent Child Interaction Therapy (PCIT) <ul style="list-style-type: none"> • River Oak Center for Children • Sacramento Children’s Home • Terra Nova • Turning Point • UCD 	Structured behavioral and communication skill training for parents and caregivers as they interact with their children.	Children age two through seven years old.	Referral from parent, caregiver or a CPS Social Worker.	Medi-Cal
Infant Mental Health Services <ul style="list-style-type: none"> • UCD 	Mental health services provided to infants and toddlers with their caregivers. Services are primarily home based. Clinicians sited at eight Birth & Beyond Family Resource Centers.	Infants and Toddlers up to age three.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal
Quality Child Care Consultation (QCCC) Team <ul style="list-style-type: none"> • Sacramento County 	This is a collaboration between DBHS, SCOE, Child Action, and Warmline Family Resource Center which provides behavioral consultations in early childcare and education settings to understand and support the social and emotional development of young children.	Children to the age of five who demonstrate challenging behaviors in childcare and educational settings.	Referral though Child Action and SCOE	First Five MHSA
HEARTS for Kids <ul style="list-style-type: none"> • Sacramento County 	Multi-disciplinary early intervention services to provide in- home visits with foster children to support their social and emotional development.	Children ages birth to 5 years old placed into the custody of CPS	CPS referrals	MHSA

ARRAY OF MENTAL HEALTH SERVICES

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Child and Adolescent Psychiatric Services (CAPS) Clinic <ul style="list-style-type: none"> • Sacramento County 	Psychiatric assessment, medication support, psychological testing and mental health services. Medication focused / case management services are also provided.	Children/youth served by county operated program, select contracted organizational providers, and unlinked clients referred by Access.	Referral to the Access Team by a parent, caregiver, school, agency or community member, CPS Social Worker, Foster Family Agency Social Worker or foster parent.	Medi-Cal
Children's Case Management Services (CCMS) <ul style="list-style-type: none"> • Sacramento County 	Assessment, case management and outpatient monitoring for 3632 eligible clients.	Students who need assessment for 3632 services and 3632 eligible children/youth.	School Special Education staff and IEP teams.	Medi-Cal 3632
CPS/MH Assessment Team	Differential response program that provides mental health consultation and support services to CPS social workers. Includes mental health assessments, assistance with case disposition and planning, consultation, joint field visits, and referrals at the request of CPS.	Adults and children	CPS referral	STOP funds
Transitional Housing Program <ul style="list-style-type: none"> • Child and Family Institute 	Mental health services at transitional housing facilities.	Medi-Cal eligible children, youth and their families.	Referral made by CFI only.	Medi-Cal
Mental Health and Alcohol or Drug Disorder Specialization <ul style="list-style-type: none"> • Another Choice, Another Chance 	Outpatient counseling (individual, family and group), rehabilitation and medication services for youth who have a co-occurring mental health and alcohol or other drug diagnosis.	Individuals with a co-occurring mental health and alcohol or drug diagnosis.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal

ARRAY OF MENTAL HEALTH SERVICES *(CONTINUED)*

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Outpatient Services <ul style="list-style-type: none"> • Another Choice Another Chance (ACAC) • Catholic Healthcare West (CHW) • Child and Family Institute • Cross Creek Family Counseling • EMQ Families First • La Familia • River Oak Center for Children • Sacramento Children's Home • Sacramento County • San Juan Unified School District • Stanford Home • Sutter Counseling Center • Terkensha • Terra Nova • The Effort • Turning Point • UCD • Visions Unlimited 	<p>Outpatient counseling (individual, family, and group), rehabilitation and medication services, which may include services for neglect, physical or sexual abuse. Some services provided at homes, at school sites, and in the community.</p> <p>Children receiving services from CPS are served in collaboration with the CPS Social Worker.</p> <p>3632 eligible children are served based upon the Individual Education Plan (IEP).</p>	<p>Children, youth and their families, needing mental health services. Including those children who are part of the CPS system.</p>	<p>Referral to the Access Team by a parent, caregiver, school, agency or community member, CPS Social Worker, Foster Family Agency Social Worker or foster parent.</p>	<p>Medi-Cal: All</p> <p>3632: CHW, Sac Co OP, SJUSD, Sutter, Terkensha, Terra Nova, and Visions.</p>
Psychological Testing <ul style="list-style-type: none"> • River Oak • Sacramento County • UCD 	<p>Psychological testing as clinically indicated.</p>	<p>Children and youth referred by their primary provider for clients with complex and challenging clinical presentations.</p>	<p>Referral submitted to Access by current service provider.</p>	<p>Medi-Cal 3632</p>
Transition Age Services <ul style="list-style-type: none"> • Sacramento Children's Home 	<p>Comprehensive counseling and rehabilitation services to assist with the transition to adulthood and independent living.</p>	<p>Youth ages 14-21 needing mental health services and assistance to transition in transitioning to adulthood.</p>	<p>Referral to the Access Team by a parent, caregiver, school, agency or community member.</p>	<p>Medi-Cal</p>

INTENSIVE MENTAL HEALTH SERVICES

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Wraparound Services <ul style="list-style-type: none"> • EMQ Families First • River Oak Center for Children • Sacramento Children's Home • Stanford Home 	Intensive in-home, flexible services provided to children, youth and family to maintain child in least restrictive environment.	Children and youth with serious emotional disturbance, who are 3632, AAP, CPS dependents and Probation wards and who resides in a RCL 10-14 setting.	Referral by CCMS/3632 program, AAP, CPS or Probation.	Medi-Cal 3632 RCL Dollars
Transcultural Wellness Center (TWC) <ul style="list-style-type: none"> • Asian Pacific Community Counseling, Inc. 	Full Service Partnership program providing a full range of services to include mental health & co-occurring treatment, medication supports, traditional healing practices, education & employment & housing supports, focusing on the needs of unserved and underserved Asian Pacific Islander individuals and families. Services are provided at the TWC site, in the community, at school sites, at homes.	Children and Transition Age Youth (TAY) who meet SED criteria. Medi-Cal eligible TAY (18-21) who meet SED criteria. Non Medi-Cal eligible TAY (18-25), Adults and Older Adults (60+) who meet adult core target population criteria.	Referrals made by a parent, caregiver, school, agency or community member will be screened by TWC to determine eligibility requirements are met. TWC will submit a Services Request Form to Adult or Child Access Team for treatment authorization. Call: (916) 383-6783 Fax: (916) 383-8488	Medi-Cal MHSA
Turning Point Pathways	Comprehensive, integrated mental health and permanent supported housing & employment services. Focus on what-ever-it-takes; 24/7 response. Housing first model.	Seriously emotionally disturbed (SED) children and their families/caregivers. Transition Age Youth (TAY) 18-25 or younger, if emancipated. Adults and older adults. No parolees. Target Population for TAY and Adults.	Referrals made by a parent, caregiver, school, agency or community member will be screened by Pathways to determine eligibility requirements are met. Pathways will submit a Services Request Form to Adult or Child Access Team for treatment authorization. Call: (916) 283-8280 Fax: (916) 283-8259	Medi-Cal MHSA

INTENSIVE MENTAL HEALTH SERVICES *(CONTINUED)*

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
Flexible Integrated Treatment (FIT) <ul style="list-style-type: none"> • EMQ Families First • River Oak • Stanford Home • Turning Point 	A range of basic regular outpatient services up to Intensive mental health services with and interagency service coordination. Services provided at schools, in homes, and the community. Children and youth remain with same counselor throughout service delivery	Basic outpatient referrals as well as children and youth with serious emotional disturbance and multi-agency involvement, who are at risk for hospitalization or out of home placement.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal
Therapeutic Behavioral Services <ul style="list-style-type: none"> • EMQ Families First • River Oak • Stanford Home • Turning Point 	A supplemental short-term service that provides one to one support for children and youth with serious emotional problems that are experiencing a stressful transition or life crisis.	Medi-Cal eligible youth under 21 meeting the TBS certified class and all other TBS criteria.	Referral by MHP Primary Mental Health Provider to the Access Team.	Medi-Cal

RESIDENTIAL MENTAL HEALTH AND DAY TREATMENT AND DAY REHABILITATION SERVICES

SERVICES/PROVIDER	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE
RCL 12 Group Homes <ul style="list-style-type: none"> • Martins' Achievement Center • Paradise Youth Services • Sacramento Children's Home 	Mental health services including medication support for children in structured out of home placement.	Children who are court wards or dependents that reside with the RCL 12 group home.	Referral to the Access Team by the group home provider.	Medi-Cal
Residential Based Services (RBS) <ul style="list-style-type: none"> • Martins' Achievement Center • Children's Receiving Home. • Quality Group Home 	Flexible intensive mental health services delivered in the group home and community.	Children who are Court wards or dependents that reside in, or are graduating from one of the listed three providers.	Referral by the CPS or Probation Social Worker.	Medi-Cal
RCL 14 Group Homes <ul style="list-style-type: none"> • Edgewood, S.F. • EMQ Families First – Davis • Milhous – Various locations • Summitview- Placerville • Victor – Various locations 	Structured out of home placement with mental health day treatment or some provide outpatient services.	Children who are eligible for AB 3632 services, or are court wards or dependants, who require more structure than a therapeutic foster family.	Referral to the Access Team by the group home provider	Medi-Cal 3632