



**SACRAMENTO COUNTY**  
**CHILD AND FAMILY INTEGRATED SYSTEM OF CARE**  
 Directory of Mental Health Services  
 Fiscal Year 2007-2008



**ACCESS TO SERVICES**

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Child and Family Access Team</b> 3331 Power Inn Road, Suite 170 Sacramento, Ca. 95826	Triage, assessment, linkage and referral service for all child and family mental health services, <u>excluding</u> crisis and psychiatric inpatient facilities and residential placements.	Children and youth in need of mental health services.	Monday - Friday (8:00am - 5:00pm) Phone: (916) 875-9980 TTY/TDD: (916) 876-8892 Fax: (916) 875-9970 24-hour Automated Information Line: 1-888-881-4881 <i>Interpreter services available.</i>	Realignment	N/A

**PSYCHIATRIC EMERGENCY SERVICES**

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Sacramento County Mental Health Treatment Center, Minor Emergency Response Team (MERT)</b> 2150 Stockton Blvd Sacramento, CA 95817	Crisis intervention and stabilization services for children and youth for up to 23 hours. Authorization for inpatient psychiatric settings and psychiatric crisis foster care beds.	Children/youth in crisis with psychotic symptoms, suicidal or violent behavior.	Youth, parents or agency staff may call or go to the Sacramento County Mental Health Treatment Center 24 hours per day/seven days a week. (916) 875-1114 or (916) 875-1000	Managed Care Realignment Medi-Cal	N/A
<b>Crisis Foster Homes</b> <ul style="list-style-type: none"> <li>• Triad Family Services</li> </ul>	Emergency short-term specialized foster care and outpatient counseling for minors in need of respite from current living situation or discharge respite site following hospitalization.	Children who need temporary 24-hour care, but do not require a locked or medical setting.	MERT Team at the Crisis Unit of the Sacramento County Mental Health Treatment Center.	Realignment Medi-Cal	3
<b>Inpatient Hospitals</b> <ul style="list-style-type: none"> <li>• Sutter Hospital</li> <li>• BHC Heritage Oaks</li> <li>• BHC Sierra Vista</li> <li>• St. Helena</li> </ul>	24-hour full-range psychiatric services in a locked setting.	Children who are a danger to themselves or others or require 24-hour care in a medical setting.	Referred and authorized by MERT as medically necessary.	Realignment Medi-Cal	N/A

## CPS MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>CPS: Medi-Cal/EPSDT</b> <ul style="list-style-type: none"> <li>• Children's Receiving Home OP</li> <li>• Children's Receiving Home Assessment Cottage</li> <li>• Child/Family Institute</li> <li>• Cross Creek</li> <li>• Effort, The</li> <li>• Families First</li> <li>• River Oak</li> <li>• Sacramento Children's Home</li> <li>• Terra Nova</li> <li>• Turning Point</li> <li>• UCD</li> <li>• UCD PCIT</li> </ul>	Mental health counseling services and support, which can include services for neglect, physical and sexual abuse, to EPSDT eligible children and youth referred to counseling by Child Protective Services (CPS).	Medi-Cal eligible children who are part of the CPS system and in need of mental health services.	CPS social workers, foster family agency social workers, foster parents and Donner staff refers to Access.	Medi-Cal	1439

## JUVENILE JUSTICE COLLABORATIVES AND SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Neighborhood Alternative Center</b>	Mental health services provided in a voluntary short term crisis mediation Probation program.	Children and youth whose behavior is beyond parental control.	Law Enforcement.	Probation Funds	N/A
<b>Day Reporting Center</b>	Mental health services provided in research oriented day treatment and reporting program.	Children and youth in need of mental health services who are referred by the court to the Day Reporting Center.	Probation Officers make recommendation to Juvenile Court.	Probation Funds	40
<b>Juvenile Drug Court</b> <ul style="list-style-type: none"> <li>• Another Choice Another Chance (ACAC)</li> </ul>	Mental health services provided to youth directed by the Juvenile Court into this education and substance abuse treatment program provided in collaboration with Sacramento County Office Of Education.	Youth ordered by the Juvenile Drug Court.	Probation Officers make recommendation to the Juvenile Court.	Medi-Cal Realignment	25

## JUVENILE JUSTICE COLLABORATIVES AND SERVICES (con't.)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Sacramento Assessment Center</b> <ul style="list-style-type: none"> <li>Quality Group Home</li> </ul>	Provides care and comprehensive assessment of juvenile wards to determine the most appropriate placement for each minor.	Youth who have been remanded to the Sacramento Assessment Center.	Referral by Department of Probation to the Access Team.	Medi-Cal	21
<b>Juvenile Justice Institution</b> <ul style="list-style-type: none"> <li>Catholic Healthcare West – Juvenile Justice Institution</li> <li>Mental Health Team (CHW - JJIMHT)</li> </ul>	Mental health services to children and youth in Juvenile Justice Institutions.	Youth residing in: Juvenile Hall, Sacramento County Boy's Ranch, Warren E. Thornton Youth Center.	Direct referral by the youth or staff to the JJI Mental Health Team.	Realignment	N/A
<b>Community Connections</b> <ul style="list-style-type: none"> <li>Catholic Healthcare West (CHW) Clinic South</li> </ul>	Mental health services to children and youth following discharge from Probation's Assessment Center, WET Youth Center, or Boy's Ranch.	Children, youth and families needing mental health services.	Juvenile Probation refers directly to the Community Connections staff, which completes the Access Team referral.	Medi-Cal	44
<b>Mentally Ill Offenders Crime Reduction (MIOCR) Grant</b> <ul style="list-style-type: none"> <li>Quality Group Home-Assessment</li> <li>River Oak – Multi-Systemic Therapy</li> </ul>	Comprehensive assessment and multi-systemic therapy for probation youth meeting grant criteria.	Probation refers youth meeting MIOCR eligibility with Medi-Cal.	Probation initiates all referrals.	Medi-Cal	15
<b>Juvenile Sex Offender Program (JSO) Grant</b> <ul style="list-style-type: none"> <li>Child and Family Institute (CFI)</li> </ul>	JSO group and individual treatment for Probation youth meeting grant criteria.	Probation youth meeting grant criteria with Medi-Cal.	Probation initiates all referrals.	Medi-Cal	15
<b>Youth Intervention Services (YIS)</b>	Outpatient counseling (individual, family, and group), medication and rehabilitation services. Some services provided at school sites, at homes, and in the community.	Children, youth and families who need mental health services	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal Realignment	125

## SCHOOLS

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>San Juan Unified School District (SJUSD)</b> <ul style="list-style-type: none"> <li>• White House Counseling</li> <li>• Rusch House</li> <li>• Alliance for Excellence</li> </ul>	Mental health outpatient services provided to students and their families. Services include individual, family and group counseling.	San Juan School District students and families needing mental health services.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632	338
<b>School Based Outpatient Services</b> <ul style="list-style-type: none"> <li>• CHW Medical Foundation</li> <li>• River Oak –Bret Harte</li> <li>• River Oak – Preschool OP</li> <li>• Sacramento Children’s Home</li> <li>• Sacramento County</li> <li>• Terkensha</li> <li>• Visions</li> </ul>	Mental health outpatient services to students and families at approximately 45 school sites throughout the county. Services include individual, family and group counseling.	Children, youth and families needing mental health services.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632 Realignment	497

## EARLY CHILDHOOD MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Preschool Outpatient Services</b> <ul style="list-style-type: none"> <li>• River Oak – North</li> <li>• River Oak – South</li> </ul>	Mental health services provided to children in the Head Start Preschool program.	Children 3-5 years unsuccessful in mainstream preschool due to behavioral challenges.	Referral sent to the Access Team by Head Start Preschool.	Medi-Cal	30
<b>Parent Child Interaction Therapy (PCIT)</b> <ul style="list-style-type: none"> <li>• UCD</li> </ul>	Structured behavioral and communication skill training for parents and caregivers as they interact with their children.	Children age two through seven years old.	Referral from CPS social worker to the Access Team.	Medi-Cal	98
<b>Building Blocks Intensive</b> <ul style="list-style-type: none"> <li>• River Oak</li> </ul>	Intensive assessment/diagnostic and treatment services for children who exhibit severe mental health concerns.	Children age two up to age six who need more than an outpatient program can provide.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal	72

## EARLY CHILDHOOD MENTAL HEALTH SERVICES (con't.)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Building Blocks Foster Support</b> <ul style="list-style-type: none"> <li>River Oak</li> </ul>	Foster support services to young children in a therapeutic foster care home.	Children age two up to age six that are at risk of losing their foster placement.	Referral to the Access Team by a parent, caregiver, school, agency or community member. or Children's Receiving Home.	Medi-Cal	15
<b>Infant Mental Health Program</b> <ul style="list-style-type: none"> <li>UCD</li> </ul>	Mental health services provided to infants and toddlers with their caregivers. Services are primarily home based. Clinicians sited at eight Birth & Beyond Family Resource Centers.	Infants and Toddlers up to age three.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal	136

## ARRAY OF MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Child and Adolescent Psychiatric Services (CAPS) Clinic</b>	Psychiatric assessment, medication support, psychological testing and mental health services.	Children/youth served by county operated program and select contracted organizational providers.	Referral by the Access Team by county operated program or select contracted organizational provider.	Medi-Cal Realignment	696
<b>Children's Case Management Services (CCMS)</b>	Assessment, case management and outpatient monitoring for 3632 eligible clients.	Students who need assessment for 3632 services and 3632 eligible children/youth.	School Special Education staff and IEP teams.	Medi-Cal 3632	N/A
<b>Homeless Program</b> <ul style="list-style-type: none"> <li>Child and Family Institute</li> </ul>	Brief mental health services at homeless facilities including South Area Emergency Housing Center and Mustard Seed School.	Medi-Cal eligible homeless children, youth and their families.	Referral made by CFI only.	Medi-Cal	8
<b>Mental Health and Alcohol or Drug Disorder Specialization</b> <ul style="list-style-type: none"> <li>Another Choice, Another Chance</li> <li>Sacramento Black Alcoholism Center</li> </ul>	Outpatient counseling (individual, family and group), rehabilitation and medication services for youth who have a co-occurring mental health and alcohol or other drug diagnosis.	Individuals with a co-occurring mental health and alcohol or drug diagnosis.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632	150

## ARRAY OF MENTAL HEALTH SERVICES (con't.)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Outpatient Services</b> <ul style="list-style-type: none"> <li>• Another Choice Another Chance (ACAC)</li> <li>• Catholic Healthcare West (CHW)                             <ul style="list-style-type: none"> <li>◦ Carmichael</li> <li>◦ Rancho Cordova</li> <li>◦ South</li> </ul> </li> <li>• Cross Creek Family Counseling</li> <li>• Effort, The</li> <li>• La Familia</li> <li>• River Oak</li> <li>• Stanford Home</li> <li>• Sacramento Black Alcoholism Center (SBAC)</li> <li>• Sutter Counseling Center</li> <li>• Terkensha Grand and Auburn</li> <li>• Terra Nova</li> <li>• Triad Family Services</li> <li>• Turning Point</li> <li>• UCD</li> <li>• Visions Unlimited, South &amp; Galt</li> </ul>	Outpatient counseling (individual, family, and group), rehabilitation and medication services, which may include services for neglect, physical or sexual abuse. Some services provided at homes, at school sites, and in the community.	Children, youth and their families, needing mental health services.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632 Realignment	2661
<b>Psychological Testing</b> <ul style="list-style-type: none"> <li>• River Oak</li> <li>• Sacramento County CAPS</li> <li>• UCD</li> </ul>	Psychological testing as clinically indicated.	Children and youth referred by their primary provider for clients with complex and challenging clinical presentations.	Referral submitted to Access by current service provider.	Medi-Cal 3632 Realignment	85 Evaluations
<b>Transition Age Services</b> <ul style="list-style-type: none"> <li>• La Familia – y-Pod</li> </ul>	Flexible services to youth 14-21 years of age and their families.	TAY 14 – 21 with serious emotional disturbance and multi-agency involvement, and their families, who are at risk for hospitalization or out-of-home placement.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal	30
<b>Transition Age Services</b> <ul style="list-style-type: none"> <li>• Sacramento Children's Home</li> </ul>	Comprehensive counseling and rehabilitation services to assist with the transition to adulthood and independent living.	Youth ages 14-21 needing mental health services and assistance to transition in transitioning to adulthood.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632 Realignment	50

## INTENSIVE MENTAL HEALTH SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Wraparound Services</b> <ul style="list-style-type: none"> <li>• Eastfield Ming Quong</li> <li>• River Oak</li> <li>• Sacramento Children's Home</li> <li>• Stanford Home</li> </ul>	Intensive in-home, flexible services provided to children, youth and family to maintain child in least restrictive environment.	Children and youth with serious emotional disturbance, who are 3632, AAP, CPS dependents and Probation wards and in a RCL 10-14 setting.	Referral by CCMS/3632 program, AAP, CPS or Probation.	Medi-Cal 3632 RCL Dollars	200
<b>Transcultural Wellness Center (TWC)</b> <ul style="list-style-type: none"> <li>• Asian Pacific Community Counseling, Inc.</li> </ul>	Full Service Partnership program providing a full range of services to include mental health & co-occurring treatment, medication supports, traditional healing practices, education & employment & housing supports, focusing on the needs of unserved and underserved Asian Pacific Islander individuals and families. Services are provided at the TWC site, in the community, at school sites, at homes.	Children and Transition Age Youth (TAY) (16-17) who meet SED criteria.  Medi-Cal eligible TAY (18-21) who meet SED criteria.  Non Medi-Cal eligible TAY (18-25), Adults and Older Adults (60+) who meet adult core target population criteria.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal MHSA	175-Total  72-Children 23-TAY (ages 16-25) 61 Adults 19-Older - Adults
<b>Turning Point Pathways</b>	Comprehensive, integrated mental health and permanent supported housing & employment services. Focus on what-ever-it-takes; 24/7 response. Housing first model.	Seriously emotionally disturbed (SED) children and their families/caregivers.  Transition Age Youth (TAY) 18-25 or younger, if emancipated.  Adults and older adults. No parolees. Target Population for TAY and Adults.	Referrals made by a parent, caregiver, school, agency or community member will be screened by Pathways to determine eligibility requirements are met.  Pathways will submit a Services Request Form to Adult or Child Access Team for treatment authorization.  Call: (916) 283-8280 Fax: (916) 283-8259	Medi-Cal MHSA	125 Total  31-SED Children and their families/Care givers 31-TAY 57-Adults (ages 26-59) 6-Older – Adults (ages 60+)

## INTENSIVE MENTAL HEALTH SERVICES (con't.)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Family Outreach Community Support (FOCUS)</b> <ul style="list-style-type: none"> <li>• EMQ</li> <li>• Families First</li> <li>• Quality Group Home -FCCTP</li> <li>• River Oak</li> <li>• Stanford Home</li> <li>• Terkensha</li> <li>• Turning Point</li> </ul>	<p>Intensive mental health services and interagency service coordination. Services provided at schools and in homes.</p> <p>Step down program available to transition clients to lower level services.</p>	Children and youth with serious emotional disturbance and multi-agency involvement, who are at risk for hospitalization or outpatient home placement.	Referral to the Access Team by a parent, caregiver, school, agency or community member.	Medi-Cal 3632 Realignment	456
<b>Residential Intensive Outpatient</b> <ul style="list-style-type: none"> <li>• Sacramento Children's Home</li> </ul>	Structured out of home placement with intensive mental health services.	Children who are eligible for AB 3632 services, or who are court wards or dependents, who require intensive mental health services.	Referral from group home to Access Team.	Medi-Cal 3632	63
<b>Therapeutic Behavioral Services</b> <ul style="list-style-type: none"> <li>• Eastfield Ming Quong</li> <li>• River Oak</li> <li>• Stanford Home</li> <li>• Turning Point</li> <li>• Edgewood, S.F.</li> </ul>	A supplemental short-term service that provides to one support to children and youth with serious emotional problems that are experiencing a stressful transition or life crisis.	Medi-Cal eligible youth under 21 meeting the TBS class and all other TBS criteria.	Referral by MHP Primary Mental Health Provider to the Access Team.	Medi-Cal	72

## DAY TREATMENT AND DAY REHABILITATION SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>Hospital Partial Day Program</b> <ul style="list-style-type: none"> <li>• Sutter Hospital</li> </ul>	Short-term intensive treatment program in a hospital setting.	Children and youth who can avoid inpatient hospitalization and benefit from this program or who have been discharged from a hospital and require further stabilization.	Authorization by MERT or Inpatient Utilization Point of Authorization (POA).	Realignment	16

## DAY TREATMENT AND DAY REHABILITATION SERVICES (con't.)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	HOW TO ACCESS SERVICES	PROGRAM FUNDING SOURCE	CAPACITY
<b>RCL 14 Group Homes</b> <ul style="list-style-type: none"> <li>• Charis – Grass Valley</li> <li>• Edgewood, S.F.</li> <li>• Families First – Davis</li> <li>• Milhous – Various locations</li> <li>• Summitview- Placerville</li> <li>• Victor – Various locations</li> </ul>	Structured out of home placement with mental health day treatment and outpatient services.	Children who are eligible for AB 3632 services, or are court wards or dependants, who require more structure than a therapeutic foster family.	For Residential Care Level (RCL) 13/14, access through caseworker referral to IMAC. Referrals are through CPS, Probation or the CCMS/3632 program.	Medi-Cal 3632	68