

Child and Family Integrated System of Care

To receive additional information on child and family mental health services please contact:

CENTRAL ADMINISTRATION
7001A East Parkway, Suite 800
Sacramento, CA 95823

Phone: 916-875-6600

CALIFORNIA RELAY SERVICE:
711

Fax: 916-875-9775

COUNTY OPERATED PROGRAMS ADMINISTRATION
3331 Power Inn Road, Suite 160
Sacramento, CA 95826

Phone: 916-876-6600

CALIFORNIA RELAY SERVICE:
711

Fax: 916-875-0972

<http://www.sacdhs.com/article.asp?ContentID=1866>



Department of
Health and Human Services
Division of Behavioral Health Services
Child and Family Mental Health Services

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Department of Health and Human Services

Mary Ann Bennett - Deputy Director
Division of Behavioral Health Services

Lisa Bertaccini, LCSW - Chief
Child and Family Mental Health Services

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COUNTY OF SACRAMENTO
DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF BEHAVIORAL HEALTH SERVICES



Child
and
Family

Integrated
System
of
Care

*Caring for Every Individual
Child and Their Personal
Well-Being.*

WHAT IS A CHILD AND FAMILY INTEGRATED SYSTEM OF CARE?

The Child and Family Integrated System of Care is a part of Sacramento County's Division of Behavioral Health Services within the Department of Health and Human Services.

A System of Care coordinates services for children and their families in partnership with other child serving agencies with whom the family is involved.

The system of care provides a full array of culturally competent and linguistically proficient mental health services, including: prevention and early intervention services; outpatient services; case management; crisis intervention and stabilization services; and inpatient psychiatric hospitalization.

THE SACRAMENTO COUNTY CHILD AND FAMILY INTEGRATED SYSTEM OF CARE

IS BASED UPON THESE PRINCIPLES:

- Community Collaboration
- Cultural Competence
- Youth and family driven system of care for children and youth
- Wellness, Recovery, and Resilience
- Integrated service experiences for children, youth, and families of care

OUR COMMITMENT

We are committed to providing mental health services and support to children, youth, and their families in order to succeed in school, live safely at home, lead happy, healthy lives, and avoid involvement with the Juvenile Justice System.

WHERE DO I TAKE A CHILD OR YOUTH DURING A PSYCHIATRIC EMERGENCY?

The **Minor Emergency Response Team (MERT)** provides crisis stabilization services for children and youth under 18 years of age. Clinical staff provide mental health assessments to determine if an involuntary psychiatric hospitalization is necessary. Please see hours below:

MINOR EMERGENCY RESPONSE TEAM (MERT)

SACRAMENTO COUNTY
MENTAL HEALTH TREATMENT CENTER
2150 STOCKTON BOULEVARD
SACRAMENTO, CA 95817

DAILY: 10:00 A.M. TO 7:00 P.M.

(916) 875-1114

CALIFORNIA RELAY SERVICE:

711

HOW CAN A CHILD OR YOUTH ACQUIRE MENTAL HEALTH SERVICES?

Call our **Sacramento County Access Team**, which is the entry point for planned children's mental health services.

The team screens and links Sacramento County children and youth, birth to 21 years of age, to the appropriate mental health services. Bilingual staff and/or interpreters are available at no cost. The team also provides information and referral services to other community resources.

SACRAMENTO COUNTY ACCESS TEAM

MONDAY-FRIDAY

8:00 A.M. TO 5:00 P.M.

TOLL FREE

(888) 881-4881

WITHIN SACRAMENTO COUNTY

(916) 875-9980

TTY/TDD LINE

(916) 876-8892

FAX

(916) 875-9970

ARE THERE MENTAL HEALTH SERVICES FOR INFANTS AND TODDLERS?

Yes, we provide services to enhance the social/emotional well-being of infants and pre-school children, ages birth to 5, with issues related to behavior, trauma, and attachment.

We also provide mental health consultation to day care providers to stabilize children in day care settings.

ARE THERE MENTAL HEALTH SERVICES THAT CAN BE COORDINATED WITH A CHILD'S ACADEMIC PERFORMANCE?

- Mental health treatment goals may address issues that affect academic performance.
- Children's Case Management Services (CCMS) provides comprehensive assessments for individuals referred by schools pursuant to an Individual Education Plan (IEP). When authorized, mental health services are offered to allow students with serious emotional disorders to benefit from a free and appropriate education.

WHAT IF A YOUTH HAS A SUBSTANCE ABUSE ISSUE AS WELL AS MENTAL HEALTH ISSUES?

We offer integrated mental health and substance abuse treatment services for individuals with co-occurring disorders.

WHAT IF A CHILD OR YOUTH IS PART OF THE CHILDREN'S PROTECTIVE SERVICES (CPS) SYSTEM?

- Early Intervention (EI) services are available to CPS dependents ages birth to 5.
- Mental health consultation and support services are provided to Differential Response Program social workers.
- Mental health outpatient services to CPS clients are provided through a broad array of community providers.
- Intensive mental health services to CPS clients are provided through a Youth Permanency Program, wraparound program, and Residentially-Based Services (RBS) pilot program.

HOW DOES CHILDREN'S MENTAL HEALTH COLLABORATE WITH COUNTY PROBATION?

The Juvenile Justice Institution Mental Health Team provides crisis triage and psychiatric services, including medication support at the Youth Detention Facility.

Mental health providers throughout the Sacramento region partner with Probation to address the mental health needs of youth and their families in our community. A broad continuum of services are available to help youth and families achieve successful outcomes.

CAN SOMEONE HELP US NAVIGATE THROUGH THE SYSTEM OF CARE?

- Yes, The SAFE (Sacramento Advocacy for Family Empowerment) Program is designed and staffed by families and youth to provide support, education, empowerment, and advocacy to children, youth, and their families receiving children's mental health services.
- Parent partners and youth peer mentors are integrated into children's mental health planning, management, and service delivery.
- The SAFE Program is staffed by paid bilingual parents and youth.

To contact a Family Partner or Youth Peer Mentor, call the SAFE Program:

MONDAY-FRIDAY

8:00 A.M. TO 5:00 P.M.

(916) 875-4182

CALIFORNIA RELAY SERVICE:

711

