

	County of Sacramento Mental Health Division Adult Mental Health Services	Policy No.	05-03
		Issued Date	05-08-08
		Revision Date	05-21-09
AREA: Outpatient Services	TITLE: Wellness Recovery Center (WRC) Medication Support Services		
Approved by:	Approved By:		
Marcia Jo, JD, MPA Program Manager	Sandy Damiano, PhD Chief		

I. POLICY

Consumer Self-Help Wellness & Recovery Center (WRC) medication services are designed for individuals who may have an established wellness plan, are able to manage their illness with outpatient support, including emergencies, and so they need less from the treatment system and more from the support system, such as supported housing, vocational, education, peers support, encouragement, and family support. Limited case management is provided.

The WRC is designed to support individuals in their recovery by providing a consumer driven recovery environment that offers an array of wellness activities. Clients authorized for medication services are encouraged to register and actively participate in a minimum of one wellness activity.

This policy only defines criteria for the “medication service” portion of WRC services. WRC also provides a full array of wellness activities and support services that do not require prior authorization.

II. PROCEDURES

A. Service Authorization:

1. All WRC medication services must receive prior authorization from the Adult Access Team.
2. All clients for medication services must have been diagnosed with a persistent mental disorder and/or co-occurring substance abuse disorder in accordance with Quality Management Policy and Procedure 01-07 Determination for Medical Necessity and Target Population.
3. Clients must have Medi-Cal or be Medi-Cal eligible.

B. Service Criteria:

1. Authorization to medication services is considered for clients who may need a strong connection to outpatient treatment and support but continue to work on stabilization, community integration, relationships and responsibilities.

2. Clients must have met all of the following criteria:
 - a. No suicide attempts within the past year.
 - b. Stable, sustained housing (either independent or supported housing) for a minimum of 6 months.
 - c. Interested in strengthening or purposefully maintaining their active support system outside of the public mental health system (family, friends, peer supports, self-help activities and groups, etc.). In the event of a psychiatric relapse, psychosocial crisis, or presentation of new service needs, WRC ensures appropriate services or service linkage. *This may include referral to the Mental Health Treatment Center or completion of a LOCUS assessment to determine appropriate level of care.*
 - d. In an absolute emergency when an individual's safety is in jeopardy, the Sacramento County Sheriff will be called for assistance.

C. Available Services:

1. Service coordination is available which may include:
 - a. Linkage and referrals
 - b. Community housing resources
 - c. Employment resources
 - d. Individual support
 - e. Skill Building and/or psycho-educational classes

D. Documentation:

1. Clients new to WRC will complete all required Quality Management documents such as the Adult Comprehensive Assessment Plan (ACP), Adult Health Questionnaire, Service plan, Client Data Sheet (CDS), Annual Medication Service Plan (AMSP), Co-Occurring Disorders Assessment (CODA) if indicated and progress note stating service request.
2. Annual service reauthorization is contingent on the completion of the Annual Medication Service Plan (AMSP). Authorization duration is for a one-year period.
3. Complete documentation per identified standards established by Quality Management.
4. Clients receiving WRC medication services should be closed to other cost centers after the psychiatrist intake assessment.

E. Service Review:

1. Selected charts are reviewed at the monthly Quality Management Adult Utilization Review meetings.
2. The Research, Evaluation and Performance Outcomes (REPO) unit generates a report on this service.
3. The data report will be reviewed by the WRC Executive Director and the Contract Monitor on a quarterly basis.

Form References:

N/A

III. REFERENCES	Related Policies & Procedures	State/Federal Codes/Other References
	Adult MH P&P 03-02 COD Practices Adult MH P&P 03-03 CODA Adult MH P&P 03-04 Level of Care Determination QM 01-07 Determination of Medical Necessity & Target Population QM 10-01 ACP (Adult) QM 10-03 Mental Health Progress Notes	N/A
IV. CONTACTS	Okeema Polite, LMFT	E-mail politeo@saccounty.net
	Contract Monitor	916-875-5878
V. SCOPE	<input checked="" type="checkbox"/> Mental Health Staff <input type="checkbox"/> Mental Health Treatment Center <input type="checkbox"/> Specific grant/specialty resource	<input checked="" type="checkbox"/> Adult Contract Providers <input type="checkbox"/> Children's Contract Providers