

	<b>County of Sacramento</b> <b>Mental Health Division</b> <b>Adult Mental Health Services</b>	Policy No.	04-01
		Issued Date	01-26-05
		Revision Date	05-08-07
AREA: <b>Medical Services</b>	TITLE: <b>Medication Treatment Algorithms</b>		
Approved by:	Approved By:		
Robert Hales, MD, MBA Medical Director	Sandy Damiano, PhD Chief		

**I. POLICY**

The Medication Treatment Algorithms use an evidence-based approach and incorporate the latest findings in the pharmacological treatment of schizophrenia spectrum disorders, major depression, and bipolar disorders.

Psychiatrists shall follow the most recent version of the Mental Health Division Medication Treatment Algorithms when prescribing medication for adults diagnosed with schizophrenia and psychotic disorders, major depression, and bipolar disorders.

**II. PROCEDURES**

- A. The Division of Mental Health’s Pharmacy and Therapeutics (P&T) Committee creates and updates the medication treatment algorithms. The P&T Committee consists of multidisciplinary staff (e.g., physicians, pharmacists, psychologists, social workers, etc.) within the Adult System of Care.
- B. Contracted Providers may arrange training by contacting their designated program coordinator.

Form References:  
[Medication Algorithms](#)

<b>IV. REFERENCES</b>	Related Policies & Procedures	State/Federal Codes/Other References
	N/A	N/A
<b>V. CONTACTS</b>	Name	E-mail
	Designated Program Monitor	N/A
<b>VI. SCOPE</b>	<input checked="" type="checkbox"/> Mental Health Staff <input type="checkbox"/> Mental Health Treatment Center <input type="checkbox"/> Specific grant/specialty resource	<input checked="" type="checkbox"/> Adult Contract Providers <input type="checkbox"/> Children’s Contract Providers

# Medication Algorithms

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## MEDICATION ALGORITHMS

- [Bipolar Disorder, Depressed](#)
- [Bipolar Disorder, Manic and Mixed](#)
- [Major Depressive Disorder](#)
- [Psychotic Disorders](#)

## DIAGNOSTIC CRITERIA

- [Hypomanic Episodes](#)
- [Major Depressive Episodes](#)
- [Manic Episodes](#)
- [Schizophrenia](#)