

**SACRAMENTO COUNTY
ADULT MENTAL HEALTH SERVICES
SERVICE DIRECTORY**

ACCESS & ASSISTED ACCESS SERVICES

PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
Adult Access Team Monday-Friday 8:00 AM-5:00 PM Interpreter services available	Call: (916) 875-1055 or 1 (888) 881-4881 Fax: (916) 875-1190	Adults requesting mental health services.	Triage, assessment, linkage and referral service for adult outpatient mental health services.
Southeast Asian Assistance Center (SAAC) <i>5625 24th Street Sacramento, CA 95822</i>	Call: (916) 421-1036	Adults participating in county or contract mental health services needing interpretation.	Cultural interpretation services for immigrant and refugee groups (Cantonese, Hmong, Russian, Vietnamese) and Latinos.

ACUTE PSYCHIATRIC EMERGENCY SERVICES

PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
Mental Health Treatment Center <i>2150 Stockton Blvd. Sacramento, CA 95817</i> Inpatient Unit <i>2150 Stockton Blvd. Sacramento, CA 95817</i>	Admissions approved by MHTC Intake Team Call: (916) 875-1000	Adults who are a danger to themselves or others or require 24 hour care in a locked setting.	Inpatient Unit: Hospitalization, stabilization and discharge planning / linkage.
The Effort – Suicide Prevention	Suicide Prevention Hotline: Call: (916) 368-3111 The Effort Office: Call: (916) 368-3080	Individuals in crisis	Crisis service hotline
Turning Point Crisis Residential Program <i>4801 34th Street Sacramento, CA 95820</i>	Call: (916) 737-9202 Referral sources: MHTC, Contracted Adult MH programs.	18 – 59 years of age Must be ambulatory. Three days of sobriety.	24-hour care for adults experiencing an acute psychiatric episode. Alternative to inpatient hospitalization.

EMPLOYMENT SERVICES			
PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
California Department of Rehabilitation 721 Capitol Mall Sacramento, CA 95814 <i>Sites in Elk Grove, Fair Oaks, Roseville, South Sacramento</i>	Call: (916) 558-5300	Adults with psychiatric disabilities seeking meaningful employment.	Provides assistance in acquiring rehabilitative services from the Department of Rehabilitation.

FORENSIC SERVICES			
PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
Jail Psychiatric Services – UCD Sacramento County Main Jail 651 I Street Sacramento, CA 95814 Rio Consumnes Correctional Center 12500 Bruceville Road Elk Grove, CA 95757	Services provided in jail	Adults in county jails with psychiatric disabilities.	Assessment, diagnosis, brief counseling, suicide prevention, stabilization, crisis intervention, medication, pre-release planning, and community referral. Services include an acute Inpatient Unit 18-bed for intensive treatment.

HOMELESS & HOUSING SERVICES			
PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
El Hogar Guest House Clinic 1400 North A Street, Bldg. A Sacramento, CA 95811	Appointments & walk-ins Walk-ins should arrive by 8:00 a.m. Call: (916) 440-1500 ext. 3	Target population criteria Homeless	Triage, assessment, medication and rehabilitation services and referrals. Service entry point for mental health services for homeless population. Refers to TLCS New Direction and TP Pathways when indicated.
TLCS – New Direction 1400 North A Street, Bldg. A Sacramento, CA 95811	Call Access Team Referral sources: MHTC, IPT, Jail Psychiatric Services, Guest House	Target population criteria Homeless or risk of homeless adults LOCUS required	Intensive, full service, integrated mental health and medication services for adults who are homeless or at risk of becoming homeless.

HOMELESS & HOUSING SERVICES (CONTINUED)			
PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
TLCS- Residential Housing 1400 North A Street, Bldg. A Sacramento, CA 95811	Referral and intake through EH Guest House Call: (916) 440-1500 Referral sources: MHTC, Jail Psychiatric Services, Guest House and TLCS	Target population criteria for homeless	Intensive, full service, integrated mental health and medication services, permanent supported housing and employment services. 24/7 response. Focus on what-ever-it-takes, housing first model.
TP Pathways 601 W. North Market Street Sacramento, CA 95834	Call Access Team Referral sources: MHTC, IPT, Jail Psychiatric Services, Guest House	Homelessness and meets target population criteria for: transition age youth (TAY 18-25 years, younger if emancipated), Adults (25-60 years) Older Adults (60+ years) LOCUS required (Adults) Also serves Seriously emotionally disturbed (SED) children and their families/caregivers	Intensive, full service, integrated mental health and medication services, permanent supported housing and employment services. 24/7 response. Focus on what-ever-it-takes, housing first model.

OUTPATIENT MENTAL HEALTH SERVICES – EXPANDED TARGET POPULATION			
PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
CalWORKs Clinical Team <u>Administrative Offices Only</u> 7001-A East Parkway, Suite 300 Sacramento, CA 95823 <u>Services</u> Various DHA Locations	Call: (916) 874-2986 Monday-Friday 8:00 AM-5:00 PM Interpreter services available or Contact your Human Services Specialist (HHS) for a referral.	Adults receiving CalWORKs services	Individual or group counseling services designed to address mental health and/or alcohol/drug use issues that are a barrier to obtaining or maintaining employment.

OUTPATIENT MENTAL HEALTH SERVICES – TARGET POPULATION

PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
Adult Psychiatric Support Service (APSS) Clinic <i>4875 Broadway, Suite 180 Sacramento, CA 95820 (916) 875-0599</i>	Call Access Team	Target population criteria Medically indigent or Medi-Cal adults unlinked to mental health specialty services	Psychiatric medication evaluation and management, group counseling, and brief focused counseling. Coordinated referral to ongoing mental health specialty services for qualified beneficiaries when indicated.
APCC Transcultural Wellness Center (TWC) <i>7273 14th Avenue, Suite 120-B Sacramento, CA 95820</i>	Call Adult Access	Target population criteria; priority populations include Asian Pacific Islanders.	Intensive, full service, integrated mental health and medication services primarily for Asian Pacific Islanders, including community outreach and education. 24/7 response.
APSS Aftercare Clinic <i>2130 Stockton Blvd. Sacramento, CA 95817 (916) 875-0701</i>	Referral upon discharge from MHTC or Inpatient Units and Jail Psych.	Target population criteria Medically Indigent or Medi-Cal Eligible adults unlinked to mental health specialty services	Psychiatric medication evaluation and management, group counseling, and brief focused counseling. Coordinated referral to ongoing mental health specialty services for qualified beneficiaries.
CSH Wellness & Recovery Center <u>North Area:</u> 3815 Marconi Avenue, Suite 1 Sacramento, CA 95821 <u>South Area:</u> 7000 Franklin Blvd., Suite 110 Sacramento, CA 95823	<u>Center Services:</u> North (916) 485-4175 or walk-in. South (916) 394-9195 <u>Medication Services:</u> Only per Access Team authorization.	<u>Center Services:</u> County resident <u>Medication Services:</u> Target population criteria	<u>Center Services:</u> Educational, skill building, peer support, and vocational. <u>Medication Services:</u> Medication management and support.
El Hogar Regional Support Team (RST) <i>608 10th Street Sacramento, CA 95814</i>	Call Adult Access	Target population criteria	Comprehensive mental health and medication services for adults who live in the downtown Sacramento catchment area.

OUTPATIENT MENTAL HEALTH SERVICES – TARGET POPULATION (CONTINUED)

DESCRIPTION	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
El Hogar Sierra Elder Wellness Program <i>9261 Folsom Blvd., Suite 500 Sacramento, CA 95826</i>	Call Access Team	Age 55+ years Target population criteria MediCal, MediCal-Medicare	Intensive, full service, integrated mental health and medication services for older adults including complex mental health or co-occurring, physical health, and housing needs. 24/7 response.
Human Resource Consultants (HRC) Regional Support Team (RST) <i>2220-B Watt Avenue Sacramento, CA 95825</i>		Target population criteria	Comprehensive mental health and medication services for adults who live in the eastern county catchment area.
HRC Transitional Community Options For Recovery And Engagement (TCORE) <i>3077 Fite Circle, Suite 6 Sacramento, CA 95827</i>		Target population criteria	Comprehensive mental health and medication services for adults.
Northgate Point Regional Support Team (RST) <i>601 W. North Market Blvd., Suite 100 Sacramento, CA 95834</i>		Target population criteria	Comprehensive mental health and medication services for adults who live in the northern county catchment area.
Visions Unlimited, Inc. Regional Support Team (RST) <i>7000 Franklin Blvd., #200 Sacramento, CA 95823</i>		Target population criteria	Comprehensive mental health and medication services for adults who live in the southern county catchment area.
Visions Unlimited, Inc. Galt – Regional Support Team (RST) <i>425 Pine Street, Suite 2 Galt, CA 95632</i>		Target population criteria	Comprehensive mental health services and medication services for adults who live in the Galt area.
Turning Point Integrated Services Agency (ISA) <i>4600 47th Street, Ste. 111 Sacramento, CA 95824</i>	Call Intensive Placement Team: (916) 876-7107	Target population criteria, currently hospitalized or in secure setting	24/7 integrated services. Intensive, full array of mental health, social rehabilitation, and medication support services.
Telecare SOAR 900 Fulton Ave., Ste 205 Sacramento, CA 95823	Call Intensive Placement Team: (916) 876-7107	Target population criteria, currently hospitalized or in secure setting	24/7 integrated services. Intensive, full array of mental health, social rehabilitation, and medication support services.

ADVOCACY SERVICES			
PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
CSH Office of Patients' Rights 3815 Marconi Avenue, Suite 1 Sacramento, CA 95821	Call: (916) 485-4175	Target population criteria	Rights advocacy, complaint review, and representation in involuntary hospitalization hearings.
Mental Health America of Northern California 9719 Lincoln Village Drive, #503 Sacramento, CA 95827	Call: (916) 366-4600	Open to individuals seeking resources, information or education about mental health issues.	Advocacy, education, support groups, referral and outreach.
Senior Peer Counseling 9719 Lincoln Village Drive, #503 Sacramento, CA 95827	Call: (916) 855-5444 Fax: (916) 855-5448	Age 60+ years. Individuals who live alone, are homebound, and isolated.	Senior visitation and telephone reassurance program.

SUBACUTE SERVICES			
PROVIDER	ACCESSING SERVICES	ELIGIBILITY	DESCRIPTION
Crestwood Behavioral Health, Inc. <i>Various facilities</i>	Intensive Placement Team Program Coordinator Call: (916) 876-7107 <u>Referral sources:</u> Acute psychiatric hospitals, secure settings	Adults meeting target population criteria to reside in the community as a result of psychiatric conditions. Often have co-morbid medical or substance use disorders. Clients in secure settings are on LPS Conservatorship.	Provides twenty-four hour full range psychiatric services in a locked treatment setting.
Medical Hill Rehabilitation Center 475 29 th Street Oakland, CA 94609			Locked skilled nursing facility for clients who are unable to live in a community setting. Provides mental health and medication services within a structured treatment setting.
Transitional Residential Programs <i>Various (Fruitridge, River of Dreams, Willow Glen)</i>			Transitional Residential programs provide psychiatric rehabilitation services in smaller, unlocked supervised settings.
Napa State Hospital 2100 Napa-Vallejo Highway Napa, CA 94558			Psychiatric hospitalization