

**SACRAMENTO COUNTY
ADULT MENTAL HEALTH SERVICES**

ACCESS & ASSISTED ACCESS SERVICES

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
Adult Access	Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881 Fax: (916) 875-1190	Triage, assessment, linkage and referral service for adult outpatient mental health services.	Adults requesting mental health services.	Realignment	N/A
Asian Pacific Community Counseling (APCC) <i>7273 14th Avenue, Suite 120 B Sacramento, CA 95820</i>	Call: (916) 383-6783 Fax: (916) 383-8488	Cultural interpretation services for Asian / Pacific Islanders, including Chinese, Japanese, Korean, Filipino and Tongan populations.	Clients participating in county or contract mental health services needing interpretation.	Realignment	Approximately 170
Southeast Asian Assistance Center (SAAC) <i>5625 24th Street Sacramento, CA 95822</i>	Call: (916) 421-1036	Cultural interpretation services for Southeast Asian and Slavic-speaking clients, including Cambodian, Chinese, Hmong, Lao, Mien, Vietnamese, Croatian, Herzegovinian, Russian, Serbian and Ukrainian populations.	Clients participating in county or contract mental health services needing interpretation.	Realignment	Approximately 430

ACUTE PSYCHIATRIC EMERGENCY SERVICES

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
Mental Health Treatment Center Crisis Unit <i>2150 Stockton Blvd. Sacramento, CA 95817</i>	Individuals may call 24 hours per day/seven days a week. Call: (916) 875-1000	Crisis Unit: Crisis intervention and stabilization services for adults for up to 23 hours.	Adults in crisis with psychotic symptoms, suicidal or violent behavior.	Managed Care Realignment Medi-Cal	N/A
Inpatient Unit <i>2150 Stockton Blvd. Sacramento, CA 95817</i>	Self Law Enforcement Emergency Rooms Outreach	Inpatient Unit: Hospitalization, stabilization and discharge planning / linkage.	Adults who are a danger to themselves or others or require 24 hour care in a locked setting.	Managed Care Realignment	100
The Effort – Suicide Prevention	Suicide Prevention Hotline: Call: (916) 368-3111 The Effort Office: Call: (916) 368-3080	Crisis service hotline	Individuals in crisis	Realignment	N/A

ACUTE PSYCHIATRIC EMERGENCY SERVICES (CONTINUED)

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
Turning Point Crisis Residential Program 4801 34 th Street Sacramento, CA 95820	Call: (916) 737-9202 MHTC, Contracted MH Intensive Service Providers, Regional Support Teams, or self-referred if adult has been served at Crisis Residential within the past 3 months.	24-hour care for adults experiencing an acute psychiatric episode as an alternative to inpatient hospitalization.	18 – 59 years of age, Medi-Cal eligible and three days of sobriety.	Medi-Cal SAMHSA Realignment	12

EMPLOYMENT SERVICES

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
California Department of Rehabilitation 721 Capitol Mall Sacramento, CA 95814 <i>Sites in Elk Grove, Fair Oaks, Roseville, South Sacramento</i>	Call: (916) 558-5300	Provides adults with information, orientation, referral, consultation, and assistance in acquiring rehabilitative services from the Department of Rehabilitation.	Adults with disabilities seeking meaningful employment.	Realignment	161
Crossroads Employment Services 9300 Tech Center Drive, Suite 160 Sacramento, CA 95826 7011 Sylvan Road, #A Citrus Heights, CA 95610	Call: (916) 457-1900 Call: (916) 676-2540	Provides opportunities to maintain employment through on-site and off-site job coaching, “reasonable accommodation” plan assistance, individual support and coordination with employer.	Target population criteria Adults seeking employment	Realignment	N/A

FORENSIC SERVICES

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
Jail Psychiatric Services – UCD <i>Sacramento County Main Jail 651 I Street Sacramento, CA 95814</i> <i>Rio Consumnes Correctional Center 12500 Bruceville Road Elk Grove, CA 95757</i>	Services provided in jail	Assessment, diagnosis, brief counseling, suicide prevention, stabilization, crisis intervention, medication, pre-release planning, and community referral. Services include an acute Inpatient Unit 18-bed for intensive treatment.	Adults in county jails with psychiatric disabilities.	N/A	N/A

HOMELESS & HOUSING SERVICES					
PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
El Hogar Guest House 1400 North A Street, Bldg. A Sacramento, CA 95814	Appointments & walk-ins Walk-ins should arrive by 8:00 a.m. Call: (916) 440-1500 ext. 3	Triage, assessment, medication services and referrals. Service Entry Point. Refers to TLCS Intensive Case Management Services or other homeless services when indicated.	Target population criteria Homeless	Medi-Cal PATH Realignment	Approximately 500
Volunteers of America (VOA) - Community Outreach 2830 Stockton Blvd. Sacramento, CA 95817	Call: (916) 736-3421	Street and shelter outreach services to assist individuals with accessing housing, mental health services and other necessary supports to mitigate homelessness.	Unserved and unlinked homeless adults with a mental illness	PATH Realignment	N/A
Volunteers of America (VOA) - Halcyon Place 2830 Stockton Blvd. Sacramento, CA 95817	Call: (916) 736-3421 Referral priority includes MHTC, Intensive Placement Team (IPT), Jail Psychiatric Services and VOA Outreach.	Intensive case management services within a permanent housing program to support adults recovering from long-term homelessness. <i>Does not include medication services.</i>	Target population criteria Homeless adult (HUD homeless definition) LOCUS required	Medi-Cal Realignment (Housing- HUD Shelter Plus Care Project Based)	22
TP Pathways 601 W. North Market Street Sacramento, CA 95834	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881 Referral priority includes MHTC, IPT, Jail Psychiatric Services, Guest House, VOA Outreach and community shelters.	Intensive, full service, integrated mental health and medication, permanent supported housing and employment services. 24/7 response. Focus on what-ever-it-takes, housing first model.	Homeless Meet target population criteria for: transition age youth (TAY 18-25 years, younger if emancipated), Adults (25-60 years) older adults (60+ years) LOCUS required (Adults) Also serves Seriously emotionally disturbed (SED) children and their families/caregivers	MHSA Medi-Cal	206 42 TAY; 119 Adults; 9 Older Adults; 36 children

HOMELESS & HOUSING SERVICES					
PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
<p>TLCS – New Direction 1400 North A Street, Bldg. A Sacramento, CA 95814</p> <p>TLCS - Passages 2201 Park Towne Circle, #200 Sacramento, CA 95825</p>	<p>Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881</p> <p>Referral priority includes: MHTC, IPT, Jail Psychiatric Services, Guest House</p>	<p>Intensive, comprehensive mental health and medication services for adults who are homeless or at risk of becoming homeless.</p>	<p>Target population criteria</p> <p>Homeless or risk of homeless adults</p> <p>New Direction: 25+ years Passages: 18- 25 years</p> <p>LOCUS required</p>	<p>PATH Medi-Cal Realignment</p>	<p>New Direction 100</p> <p>Passages 70</p>
<p>TLCS - Case Management Programs 2201 Park Towne Circle #200 Sacramento, CA 95825</p> <p>PACT - People Achieving Change Together MICA - Mentally Ill, Chemical Abuse WORK - Widening Opportunities for Rehabilitation and Knowledge</p>	<p>Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881</p> <p>Referral priorities include Guest House and TLCS programs.</p>	<p>Intensive case management services. <i>Does not include medication services.</i></p> <p>WORK offers housing subsidies and supportive employment services.</p>	<p>Target population criteria</p> <p>Homeless adult (HUD homeless definition)</p> <p>MICA- co-occurring substance use disorder and initially reside in TLCS Palmer Apartments WORK – desire to work</p>	<p>Realignment</p>	<p>PACT 100</p> <p>MICA 60, + 3 adults w/ families</p> <p>WORK 25</p>
<p>TLCS- Residential Housing</p> <p>Carol's Place- Brief transitional (30-60 days)</p> <p>Palmer Apartments- Transitional (Up to one year)</p> <p>Cooperative Homes- Permanent, supportive housing (Various sites)</p>	<p>Referral and intake through TLCS</p> <p>Call: (916) 440-1500 ext. 2</p> <p>Referral priority includes: MHTC, Jail Psychiatric Services, Guest House, VOA Outreach, and TLCS programs.</p>	<p>Carol's Place- 30-60 day transitional housing program focusing on short and long-term goals to mitigate homelessness.</p> <p>Palmer Apartments- 12-month transitional housing program focusing on goals to end cycle of homelessness, including addiction and barriers to successful community integration.</p> <p>Cooperative Homes- permanent, cooperative residential housing programs. Residents live cooperatively to reduce the stresses and expenses of independent living. One site provides housing for adult clients with families.</p>	<p>Target population criteria</p> <p>Carol's Place- Homeless adults</p> <p>Palmer Apartments - Homeless adult (HUD homeless definition)</p> <p>Cooperative Homes- Must possess some independent living skills, provide for self-care, and prepare simple meals. <u>T Street Coop-</u> Homeless or risk of becoming homeless HIV+/AIDS diagnosis.</p>	<p>Carol's Place SAMHSA Realignment</p> <p>Palmer Apts PATH Realignment</p> <p>Cooperative Homes Realignment</p>	<p>Carol's Place 22</p> <p>Palmer Apts 48</p> <p>Cooperative Homes 61, + 20 families (one adult meets target population)</p>

MANAGED CARE

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
Adult Psychiatric Support Service (APSS) Clinic 4875 Broadway, Suite 180 Sacramento, CA 95820 (916) 875-0599	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	Psychiatric medication evaluation and management, group counseling, and brief focused counseling.	Expanded target & target population criteria	Medi-Cal or CalWORKs Eligible	N/A
Catholic Social Services (CSS) – New Pathways 5890 Newman Court Sacramento, CA 95819	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	Brief focused counseling	Expanded target population criteria	Medi-Cal	N/A
The Effort 8233 E. Stockton Blvd., Bldg. D Sacramento, CA 95828 6015 Watt Avenue, #2 No. Highlands, CA 95660	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	Brief focused counseling – up to 10 sessions	Expanded target population criteria	Medi-Cal	N/A
CalWORKs Clinical Team <u>Administrative Offices Only</u> 7001-A East Parkway, Suite 300 Sacramento, CA 95823 <u>Services</u> Various DHA Locations	Call: (916) 874-2986 Monday-Friday 8:00 AM-5:00 PM Interpreter services available or Contact you Human Services Specialist (HHS) for a referral.	Individual or group counseling services designed to address mental health and/or alcohol/drug use issues that are a barrier to obtaining or maintaining employment.	Adults receiving CalWORKs services	CalWORKs	N/A

OLDER ADULT SERVICES					
PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
CHWMF Geriatric Network 425 University Avenue, Suite 225 Sacramento, CA 95825	Call: (916) 648-2800 Fax: (916) 927-7901	<p>Mobile Team: Mobile crisis intervention</p> <p>Case Management: assessment, individual counseling, case management, medication consultation, community outreach and education.</p>	<p>Mobile Team: Age 60+ yrs Expanded or target population criteria</p> <p>Case Management: Age 60+ years Target population criteria</p>	Medi-Cal Realignment	N/A Case Management 100
El Hogar Sierra Elder Wellness Program 9261 Folsom Blvd., Suite 500 Sacramento, CA 95826	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	Intensive, full service, integrated mental health and medication services for older adults including complex mental health or co-occurring, physical health, and housing needs. 24/7 response.	Age 55+ years Target population criteria	MHSA Medi-Cal	145
Mental Health Association Friendly Faces 9719 Lincoln Village Drive, # 407 Sacramento, CA 95827	Call: (916) 369-8603 Fax: (916) 855-5448	Senior visitation and telephone reassurance program.	Age 60+ years Individuals who live alone, are homebound, and isolated.	Realignment	N/A

OUTPATIENT / OUTPATIENT INTENSIVE SERVICES					
PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
APCC Transcultural Wellness Center (TWC) 7273 14 th Avenue, Suite 120-B Sacramento, CA 95820	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	Intensive, full service, integrated mental health and medication services primarily for Asian Pacific Islanders, including community outreach and education. 24/7 response.	Target population criteria; priority populations include Asian Pacific Islanders.	MHSA Medi-Cal	32 TAY (16-25 years) 89 Adults; 27 Older Adults
El Hogar Regional Support Team (RST) & Intensive Service Team (IST) 608 10 th Street Sacramento, CA 95814	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	<p>RST: Comprehensive mental health and medication services for adults who live in the downtown Sacramento catchment area.</p> <p>IST: Intensive services available for adults requiring more than RST level of care to maintain community tenure.</p>	Target population criteria IST: LOCUS required for intensive services.	Medi-Cal SAMHSA Realignment	N/A IST 100-125

OUTPATIENT / OUTPATIENT INTENSIVE SERVICES (CONTINUED)

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
Human Resource Consultants (HRC) Regional Support Team (RST) & Intensive Services Team (IST) <i>2220-B Watt Avenue Sacramento, CA 95825</i>	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	RST: Comprehensive mental health and medication services for adults who live in the eastern county catchment area. IST: Intensive services available for adults requiring more than RST level of care to maintain community tenure.	Target population criteria IST: LOCUS required for intensive services.	Medi-Cal SAMHSA Realignment	N/A IST 100-125
HRC Transitional Community Options For Recovery And Engagement (TCORE) <i>3077 Fite Circle, Suite 6 Sacramento, CA 95827</i>	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	Transitional services for clients as they move from acute care to other outpatient services, including integrated mental health and medication services.	Unlinked adults meeting target population criteria who are being discharged from an acute level of service (MHTC, Jail Psych, etc.).	MHSA Medi-Cal	325
Northgate Point Regional Support Team (RST) & Intensive Services Team (IST) <i>601 W. North Market Blvd., Suite 100 Sacramento, CA 95834</i>	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	RST: Comprehensive mental health and medication services for adults who live in the northern county catchment area. IST: Intensive services available for adults requiring more than RST level of care to maintain community tenure.	Target population criteria IST: LOCUS required for intensive services.	Medi-Cal SAMHSA Realignment	N/A IST 100-125
Visions Unlimited, Inc. Regional Support Team (RST) & Intensive Services Team (IST) <i>7000 Franklin Blvd., #200 Sacramento, CA 95823</i>	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	RST: Comprehensive mental health and medication services for adults who live in the southern county catchment area. IST: Intensive services available for adults requiring more than RST level of care to maintain community tenure.	Target population criteria IST: LOCUS required for intensive services.	Medi-Cal SAMHSA Realignment	N/A IST 100-125
Visions Unlimited, Inc. Galt – Regional Support Team (RST) <i>425 Pine Street, Suite 2 Galt, CA 95632</i>	Call Access Team: Monday-Friday 8:00 AM-5:00 PM Interpreter services available. Call: (916) 875-1055 or 1 (888) 881-4881	RST: Comprehensive mental health services and medication services for adults who live in the Galt area.	Target population criteria	Medi-Cal SAMHSA Realignment	N/A
Turning Point Integrated Services Agency (ISA)	Call Intensive Placement Team Senior Mental Health Counselor Call: (916) 875-5215	Intensive, full array of mental health, social rehabilitation, and medication support services. 24/7 integrated services.	Target population criteria Currently hospitalized Requiring more than an RST LOCUS required	Medi-Cal SAMHSA Realignment	306

PEER SUPPORT & ADVOCACY SERVICES

PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
Consumers Self Help Center (CSH) North: 4972 Date Avenue Sacramento, CA 95841 South: 3031 Franklin Blvd. Sacramento, CA 95818	North: (916) 348-1428 South: (916) 737-7100	Drop in center provides group activities, self-help groups, peer counseling, peer advocacy, education, vocational and substance abuse groups, social skills training.	Target population criteria Adults seeking self-help services	SAMHSA Realignment	N/A
CSH Office of Patients' Rights 3815 Marconi Avenue, Suite 1 Sacramento, CA 95821	Call: (916) 737-7104	Rights advocacy, complaint review, and representation in involuntary hospitalization hearings.	Target population criteria	SAMHSA Realignment	N/A
CSH Wellness and Recovery Center 3815 Marconi Avenue, Suite 1 Sacramento, CA 95821	Center Services: (916) 485-4175 or walk-in. Medication Services: Only per Access Team authorization.	Center Services: Educational, skill building, peer support, and vocational. Medication Services: Medication management and support.	Center Services: County resident Medication Services: Target population criteria	MHSA Medi-Cal	Center services 550 Medication services 250
Mental Health Association 9719 Lincoln Village Drive, #503 Sacramento, CA 95827	Call: (916) 366-4600	Advocacy, education, support groups, referral and outreach.	Open to individuals seeking resources, information or education about mental health issues.	Realignment	N/A

SUBACUTE SERVICES					
PROVIDER	ACCESSING SERVICES	DESCRIPTION	ELIGIBILITY	FUNDING SOURCE	CAPACITY
ACT Homes <i>Augmented Care and Treatment</i> <i>Various locations</i>	ACT Coordinator Call: (916) 875-1159	ACT board and care homes provide services focusing on rehabilitation, recovery and life skills training. Requires more services than a regular board & care home is able to offer.	Target population criteria Client on SSI	Realignment	180
Crestwood Behavioral Health, Inc. <i>Various facilities</i>	Intensive Placement Team Program Coordinator Call: (916) 876-7107	Provides twenty-four hour full range psychiatric services in a locked treatment setting.	Target population criteria Clients who are unable to reside in the community as a result of their psychiatric issues.	Realignment	Varies
Medical Hill Rehabilitation Center <i>475 29th Street</i> <i>Oakland, CA 94609</i>	Intensive Placement Team Program Coordinator Call: (916) 876-7107	Locked skilled nursing facility for clients who are unable to live in a community setting. Provides mental health and medication services within a structured treatment setting.	Primary psychiatric diagnosis requiring a locked skilled nursing facility due to medical reasons.	Realignment	Varies
Transitional Residential Programs <i>Various (Davis Guest Home, Crestwood Fruitridge, Crestwood Engle House, Willow Glen)</i>	Intensive Placement Team Program Coordinator Call: (916) 876-7107	Transitional Residential programs provide psychiatric rehabilitation services in smaller, unlocked supervised settings.	Target population criteria Clients who are unable to reside in the community as a result of their psychiatric issues.	Realignment	Varies
Napa State Hospital <i>2100 Napa-Vallejo Highway</i> <i>Napa, CA 94558</i>	Intensive Placement Team Program Coordinator Call: (916) 876-7107	Psychiatric hospitalization	Requires longer-term hospitalization due to clinical and/or medical status.	Realignment	29

TARGET POPULATION	EXPANDED TARGET POPULATION
<ol style="list-style-type: none"> 1. Diagnosis of Schizophrenia, Delusional Disorder, Psychotic Disorder NOS, Bipolar Disorder, Major Depression Recurrent, Borderline Personality, Paranoid Personality Disorder, Schizoaffective. 2. Global Assessment of Functioning score 60 or less. 3. Functioning impairments specifically identified and documented in writing. 	<ol style="list-style-type: none"> 1. Mood Disorders, Anxiety Disorders, Factitious Disorders, Disassociative Disorders, Paraphilias, Gender Identity, Eating Disorders, Impulse Control Disorders, Adjustment Disorders, Personality Disorders excluding Antisocial Personality Disorder, Medication-Induced Disorders 2. Global Assessment Functioning score 61 or above. 3. Functioning impairments identified and documented in writing.

See QM Policy & Procedure 01-07 Determination for Medical Necessity and Target Population
(for more detailed information)

Funding Legend

MHSA - Mental Health Services Act

PATH Grant - Projects for Assistance in Transition from Homelessness

SAMHSA Grant - Substance Abuse and Mental Health Services Administration